

#### Featuring:



Singapore Healthcare Management Congress 2017



Singapore Healthcare Supply Chain Management Congress 2017

Singapore Healthcare Enterprise Risk Management Congress 2017

Join us at the premier congress for healthcare management

#### DELIVERING BENEFITS FOR PATIENTS AND HOSPITALS THROUGH 3D INNOVATIONS

#### A Clinician's Perspective

Chen Ching Kit

Medical Director, National Paediatric Heart Transplant and Mechanical Cardiac Support Programme, Singapore

Director, Cardiomyopathy and Heart Function Programme

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**Bright Vision** 

SingHealth Academic Healthcare Cluster













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# **CONFLICT OF INTEREST**

### • No relevant disclosure





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3D Printing

> Risks & Management

Applications









# **3D PRINTING** *The Most Disruptive Innovation of the 21<sup>st</sup> Century*





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3D TAILORED EYEWEAR























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# **RAPID PROTOTYPING – 3D PRINTING**

- Additive manufacturing technique adding successive layers of material
- Inkjet technology
- Photopolymer resin gives solid vs flexible structure







### **CUSTOMIZED 3D PRINTED PROSTHESES**











## **3D PRINTED ANATOMIC MODELS**









DELIVERING BENEFITS FOR PATIENTS AND HOSPITALS THROUGH 3D INNOVATIONS

#### **A Clinician's Perspective**



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# Segmentation

Imaging

# DICOM to STL

## Printing



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# **Clinical application of 3D printing**

# A paradigm shift – the next step in the evolution of cardiovascular imaging







### **COMPLEX CONGENITAL HEART DISEASE**

**Baby A** 

6 week-old











# **DOUBLE OUTLET RIGHT VENTRICLE**







KK Women's and



# **DORV: WHAT'S IN THE NAME?**



- Descriptive term for one form of ventriculoarterial connection
- More than ½ of both arterial trunks arising from the morphologically right ventricle







# **DORV: MAJOR VARIABLES**

- 1. Location of the VSD within the septum
- 2. Great arterial relationship
- 3. Orientation of the outlet septum

Determine the spatial relationship between the VSD and arterial trunks and therefore the hemodynamics.







# Infundibular or outlet septum in DORV

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Subaortic defect



Doubly committed defect

B

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Subpulmonary defect



Remote defect



# **CONGENITAL HEART DISEASE**



**Complex Cyanotic Congenital Heart Disease** 

Usual atrial arrangement Discordant atrioventricular connections

Double outlet right ventricle

Transposition of great arteries Pulmonary stenosis Accurate anatomic diagnosis

Precise surgical intervention



ore Healthcar



## **COMPLEX CONGENITAL HEART DISEASE**





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## **3D ECHOCARDIOGRAPHY**



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# WHY RAPID PROTOTYPING?

"No matter how good 3D graphics are, there is nothing like a model in your hands..." H.K. Kawamoto, UCLA Medical Center, US







# **IMPROVED (ANATOMIC) DIAGNOSIS**





**Blood pool** 















# **IMPROVED COMMUNICATION**

#### Cardiologist

#### Cardiothoracic Surgeon (Dr M Nakao)









## **PRECISION OF SURGICAL REPAIR**
















### **IMPROVED COMMUNICATION**

• With parents / caregivers







### PULMONARY ATRESIA, VENTRICULAR SEPTAL DEFECT MAJOR AORTOPULMONARY COLLATERALS





### **IMPROVED COMMUNICATION**





# **3D Printed Heart Models**

### as educational tools







23 - 24 September 2016 • Academia, Singapore

#### TODAY'S RESEARCH AND EDUCATION FOR TOMORROW'S HEALTHCARE

**Pre-Congress Workshop** 

### SURGICAL MORPHOLOGY AND IMAGING OF CONGENITAL HEART DISEASE

21 – 22 September 2016 Singapore

-

Featuring Hands-on with 3D heart models, Surgical and Echocardiography Workshop

ORGANISERS

SECRETARIAT

WORKSHOP ORGANISERS









WORKSHOP SECRETARIAT











Courtesy of Dr Andrew Cook, UCL



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# **EDUCATION – SIMULATION**





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# **EDUCATION – SIMULATION**









## **EDUCATION – SIMULATION**

Surgical Practice



"Practice Practice Practice"

Glen van Arsdell, Chief CV Surgeon, SickKids, Toronto





## **LIMITATIONS**

- Time-consuming
  - Segmentation: 3 20 hours
  - Printing: 3 4 hours

- Costly
  - Segmentation: USD 1080
  - 3D Printing: USD 430









Three-Dimensional Printing and Medical Imaging: A Review of the Methods and Applications

Alessandro Marro, BSc<sup>a,\*</sup>, Taha Bandukwala, MD<sup>a</sup>, Walter Mak, MD<sup>b</sup>

<sup>a</sup> Department of Medical Imaging, University of Toronto, Toronto, Ontario, Canada <sup>b</sup> Department of Medical Imaging, St. Michael's Hospital, Toronto, Ontario, Canada

> "Although the theoretical applications for its use in medicine are endless, there are barriers that would need to be addressed before it potential can be fully used. Cost is perhaps the biggest factor in determining the usefulness of 3D printers in clinical practice (...)"







### **MEDICAL APPLICATIONS OF 3D PRINTING**









### **RESEARCH – 3D BIOPRINTING**

- 3D printing using living cells
- Can be used to create tissues and whole organs
- With or without scaffold
- Using stem cells or already differentiated cells







### ORGAN TRANSPLANT & REGENERATIVE MEDICINE

- Current applications of 3D bioprinting
  - Skin for burn victims
  - Cartilage
  - Bones (fingers)
  - Blood vessels
  - Miniature organs (liver, kidney)











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### ORGAN TRANSPLANT & REGENERATIVE MEDICINE

- In Singapore, more than 20 patients waiting for a donor heart
- Paediatric heart transplant programme has just been approved
- Donor shortage
- Children have the highest waitlist mortality







### ORGAN TRANSPLANT & REGENERATIVE MEDICINE

- 3D bioprinting can potentially create beating hearts using patients own cells
- No danger of rejection or need for immunosuppression
- Heart can be printed in days rather than waiting years for a transplant













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### **SOURCES OF RISK / ERRORS**

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### Validate your own process!!!



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### **SOURCES OF RISK / ERRORS**



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### **IMAGING**

- Pathology-specific protocols for 3D printing
  - Readily available for radiologists
- Imaging quality
  - Hardward and operator
  - Static versus dynamic anatomy
  - Contrast
  - Artifacts
- · Criteria to accept or reject images by qualified personnel









### **SOURCES OF RISK / ERRORS**



SingHealth



## **3D RECONSTRUCTION & DESIGN**

- Software
  - Level of validation and documentation
  - Regulatory guidance





3D Printing in Medicine

#### REVIEW

# Maintaining safety and efficacy for 3D printing in medicine

Andy Christensen<sup>1</sup> and Frank J. Rybicki<sup>2,3\*</sup>



"Segmentation & preparation for 3D printing (...) in which DICOM images are segmented to create STL files, should use software that is FDA cleared for this purpose" (...) When (...) major modifications are made, or a comparable modification that changes the patient's anatomy in planning for a specific intervention, the software used to make that modification should be FDA cleared for this intended use, and the printed model should also be considered a Medical Device."







## **3D RECONSTRUCTION & DESIGN**

- Software
  - Level of validation and documentation
  - Regulatory guidance

**Technical Considerations for Additive Manufactured Devices** 

### Draft Guidance for Industry and Food and Drug Administration Staff

DRAFT GUIDANCE

This guidance document is being distributed for comment purposes only.

Document issued on May 10, 2016.







# **3D RECONSTRUCTION & DESIGN**

- Software
  - Level of validation and documentation
  - Regulatory guidance
- Segmentation
  - Automated & manual tools
  - Clinical & imaging experts
- 3D reconstruction
  - Smoothing, removing aberrations
  - Wall thickness linked to print technology
  - Final assessment on the images









### **SOURCES OF RISK / ERRORS**





## **3D PRINT**

- Material selection
  - Model / guide / implant goal
  - Flexible vs rigid plastic
  - Transparency
- Printer hardware
  - Low-cost vs high-end
  - Calibration
- Finishing
  - Post-processing often forgotten
  - Dedicated hardware & personnel investment







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### **SOURCES OF RISK / ERRORS**



### **MANAGEMENT, COMMUNICATION & LOGISTICS**

- Medical image data transter
  - PDPA compliance
  - Patient privacy
- Physician communication and approval platform
  - PDF report
  - 3D PDF
  - Online viewer / meeting
- Traceability
  - Physical in-printed identification label
  - Segmentation & 3D design parameters
  - Machine build parameters
- Shipping






## **CONCLUSIONS**

- Niche applications in the medicine of congenital heart diseases
- Allows instantaneous and precise understanding of any complex anatomy
- Simulation / hands-on surgical training
- Personalized and precision medicine







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## **CONCLUSIONS**







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## **THANK YOU**



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