Development and Implementation of a Hospital-Acquired Pressure Ulcer (HAPU) Assessment and Preventive Management System.

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Yang Ruiqin, Dr Tan Ann Kheng, Yang Liping, Goh Su Yin, Lim Xiao Ting, Wirdawati Bte Salimin, Normah Binte Muhamad Zin, Ismail Bin Mohamed Tahir Sheriff Kamimah Binti Hussien

Nursing Department National Heart Centre Singapore



National Heart Centre Singapore SingHealth

BACKGROUND

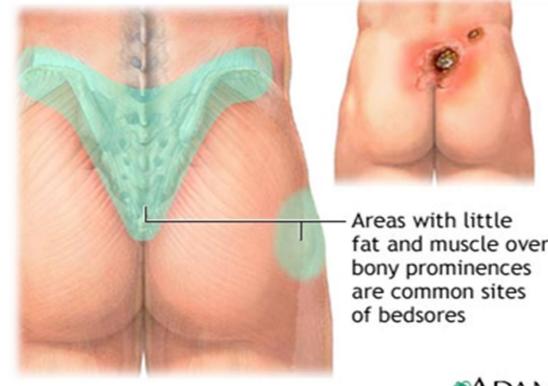
The rapid change in population health status due to aging population and a sharp rise in the incidence of diabetes and obesity worldwide have led to the increase in complicated cardiovascular diseases. Pre-existing medical conditions or comorbidity issues such as diabetic, neuropathy, renal diseases and others add on the risk of developing PU caused by poor blood circulation. The hospital has faced new challenges of increase in PU developments in this group of patients.



Pressure Ulcers to Zero

NHCS have seen **0% PU rate** in our elective open heart surgery patients without postoperative complications since implementation of the SSKIN Bundle.

Hospital Acquired Pressures Ulcer(HAPU) can result in serious medical complications, costly medical treatment, prolonged hospital stay and frequent readmissions but can potentially be prevented with good nursing care.



*ADAM.

OBJECTIVE

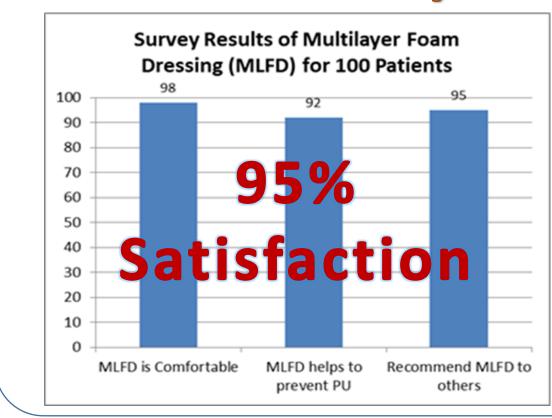
This project aims to develop a rigorous pressure ulcer assessment, treatment and preventive system for patients at high risk of developing HAPU, particularly, patients who undergo open heart surgery, where they would be subjected to long hours of immobility on the operating table (> 6hrs) during the surgery.



Average length of stay for elective cardiac surgery cases was reduced by **1.55 days**

Total annual hospitalization costs **\$290, 160** avoided per year! (for 1000 elective surgery patients)

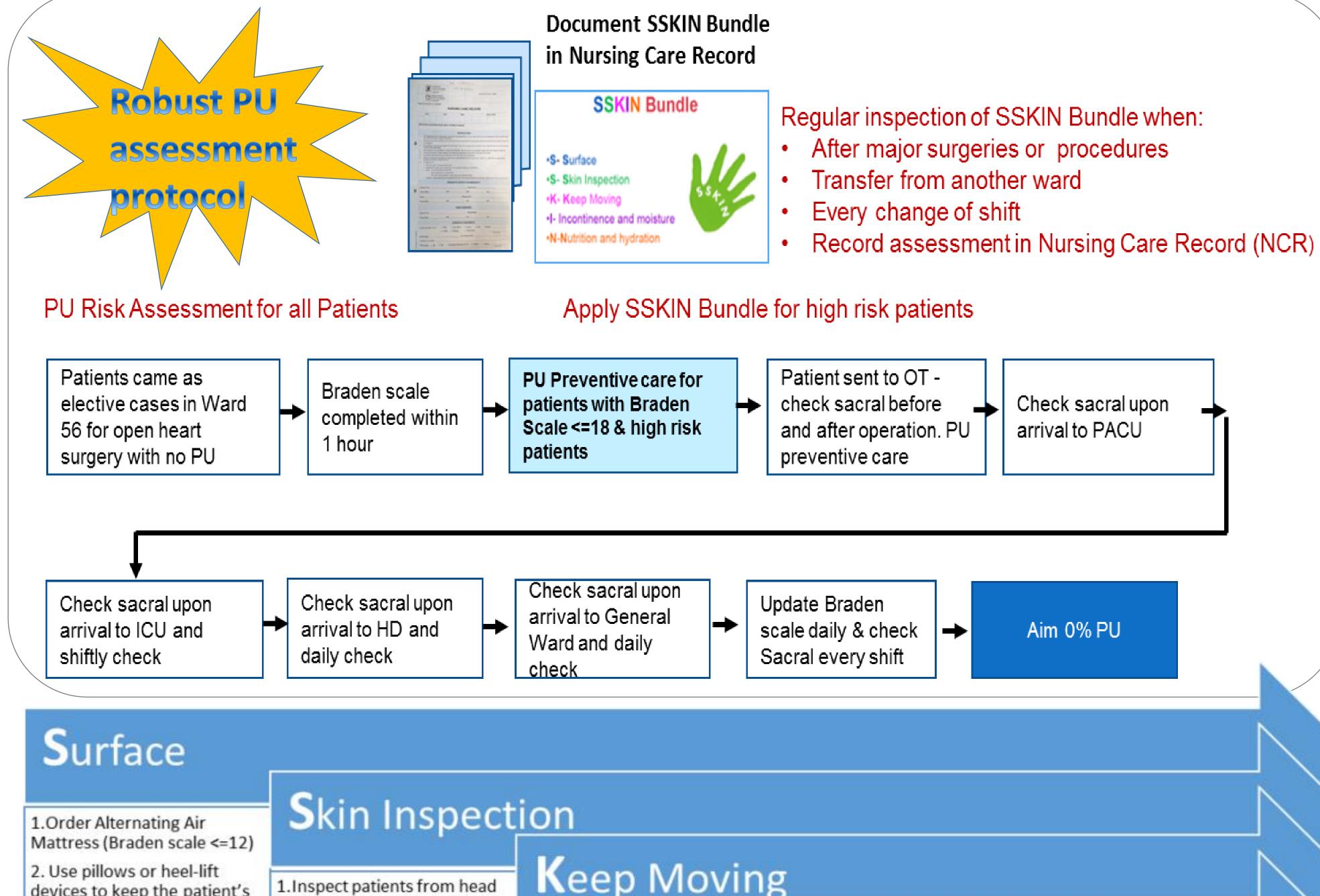
Patient Survey



Viral, bacterial and shower pro

Multi-layer Foam Dressing ✓ Is Comfortable ✓ Helps to prevent PU

METHODOLOGY



Regular inspection of SSKIN Bundle when:

SSKIN Bundle - A Consolidation of evidence based practice



 S- Surface S- Skin Inspection •K- Keep Moving Incontinence and moisture N-Nutrition and hydration

- ✓ Team researched into evidence based practices and developed the SSKIN Bundle.
- ✓ SSKIN Bundle a 'bundle' of straightforward interventions that when combined, contribute to positive patient outcomes.
- SSKIN bundle standardised practice and provide \checkmark guidelines for all staff to follow in PU prevention.

Multi-layer Foam Dressing is a new foam technology for PU Prevention

Multi-layer Foam Dressing applied to high risk patient before heart surgery Prevents PU development



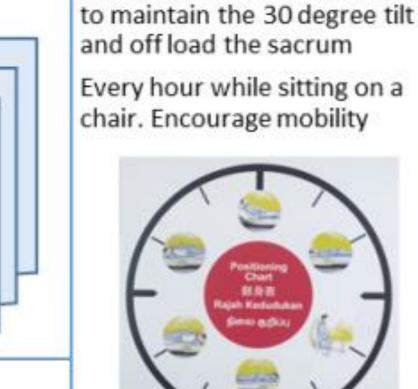
1.Inspect patients from head

2.Reassess pressure ulcer risk

score at least daily or there is

to toe at each shift

a condition changed.



At least every 2 hours while

on bed by using wedge pillow

Keep Skin clean and Dry by changing diapers right away after urinating or bowel movement

Incontinence

 Using skin barrier to protect the skin from excessive moisture

1. Maintain Fluid Balance 2. Refer Dietician - Patients Braden scale <=18 with oral

intake of less than 50% of normal share in the past 5 days or on tube feeding OR patients with PU

Nutrition

3. Provide nutritional supplements according to dietician's recommendation





Chief Nurse Ho Ai Lian

devices to keep the patient's

Lying/Sitting on Tubing, Phone

4. Apply multiple layer Foam

heels are off loaded.

3. Ensure Patient not

Line or Call Bells.

- ADN Kwek Koon Roan/ ADN Ng Lay Hwa
- SNM Lee Chin Hian/ SNM Foo Lee Lian/ Ag SNM Jasmine Lee Mei Bao
- Ms Lay Sock Yee / Ms Jacqueline Huo

Backing film Viral, bacterial and shower proof

CONCLUSIONS \mathcal{O}

HAPUs have a costly side effect. The **SSKIN** Bundle is a new standardized protocol developed by NHCS based on evidencebased best practices for PU management and prevention. HAPUs can be potentially prevented by the implementation of **SSKIN** bundle strictly.