

# DENTAL POST-OPERATIVE INSTRUCTIONAL VIDEO

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## Background

- Around 60 patients each day are sent to the dental recovery room following oral surgical procedures and dental extractions for monitoring and post-operative instructions.
- Only 1-2 staff nurses attend to these patients and language barriers are common.

### DENTAL RECOVERY ROOM

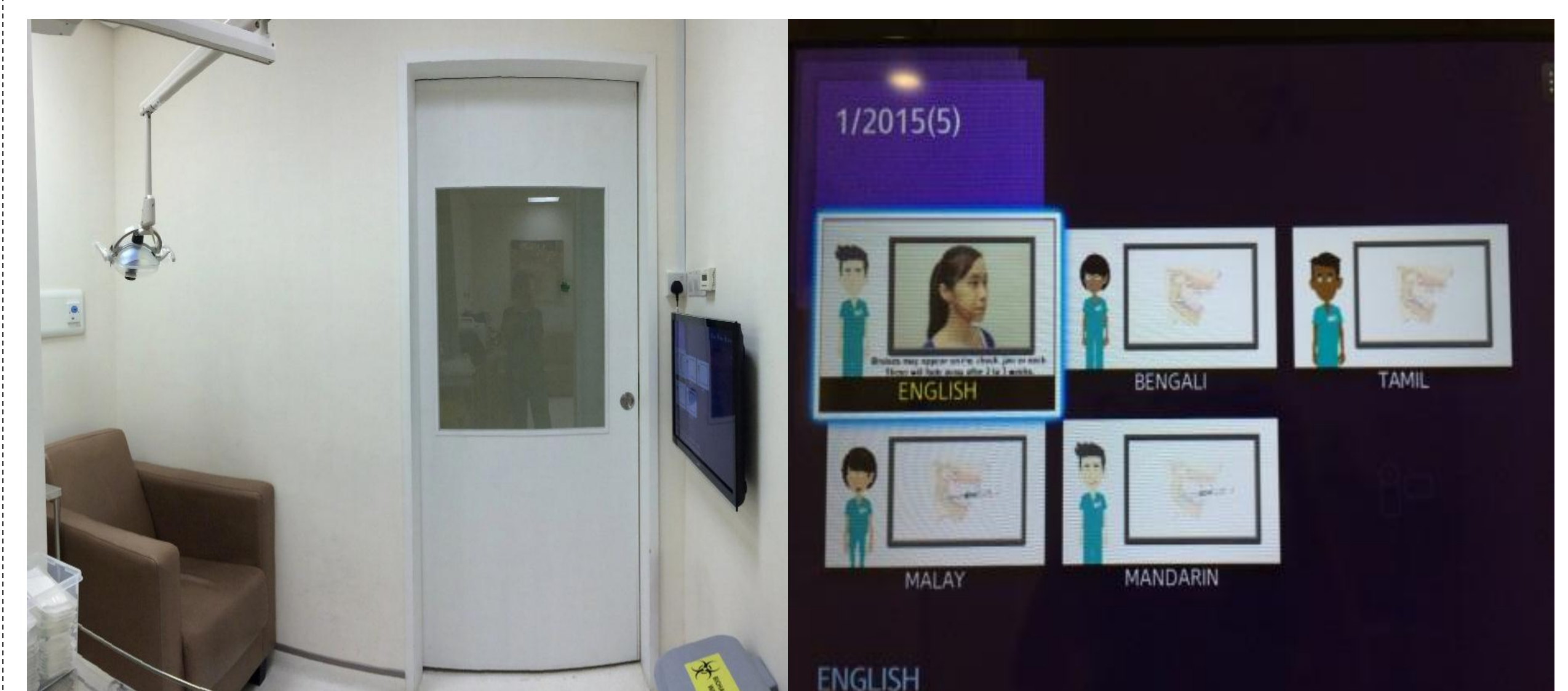
#### RECOVERY AND DISCHARGE

- Change gauze if wet.
- Inform the doctor if the patient experiences pain of more than 4 in score.
- Observe till bleeding stops and the patient feels comfortable to leave.
- Discharge with gauze pack,



## Method

With the help of Ms. Margaret Perry of Corp Coms, an instructional video in 5 different languages (English, Mandarin, Tamil, Malay and Bengali) has been produced for each patient to watch in a cloistered area of the recovery room.



## Results

- The video presentation provides greater clarity and minimizes ambiguity.
- Patients are able to understand the instructions in their preferred language.
- The need for translators is obviated to expedite the patient's discharge from the recovery room.
- Nurses are able to perform other duties while patients are watching the video presentation.

## Conclusion

- Patients have expressed satisfaction with the clarity of the post-operative video presentation.
- The instructional video also helped to increase the productivity of the dental nursing team.

## Sustainability

- The instructional video has been watched by every patient sent to the recovery room since its completion in February 2015.
- Sign language for the hearing-impaired patients is being considered.

