

# Report of A Structured Fall Risk Assessment Service in the Polyclinics

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Polyclinics  
SingHealth

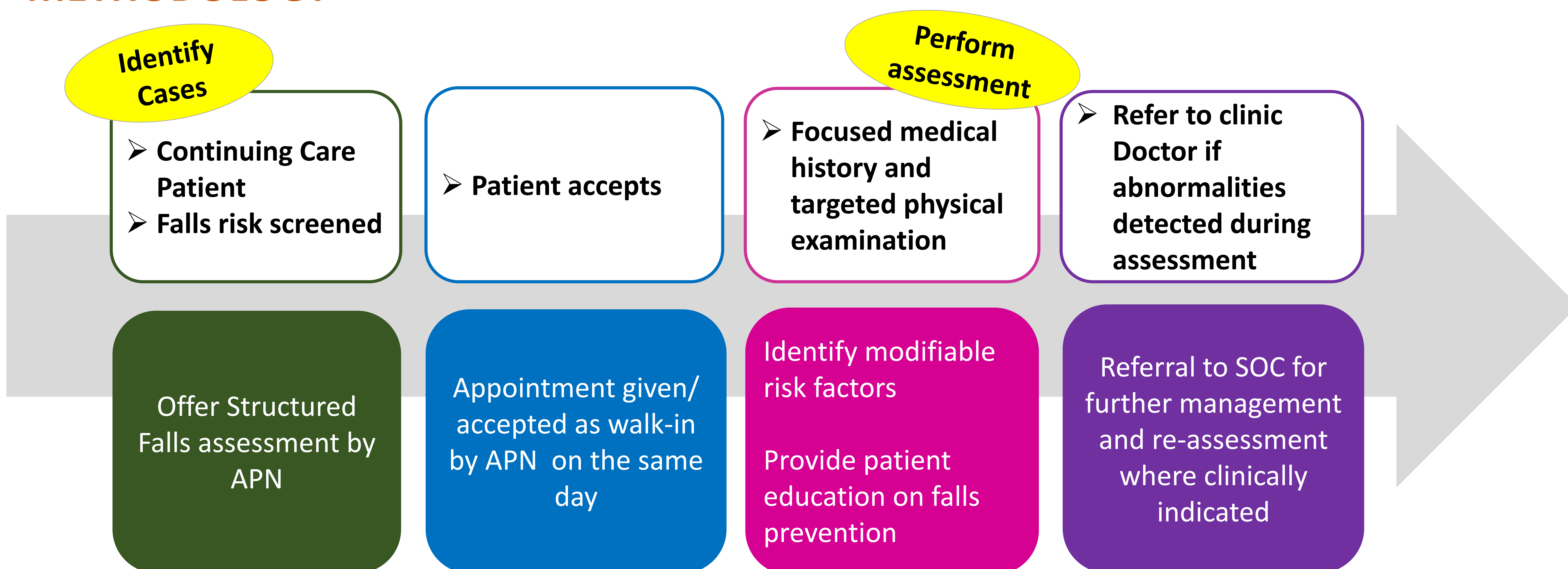
SingHealth Polyclinics (SHP)

## INTRODUCTION

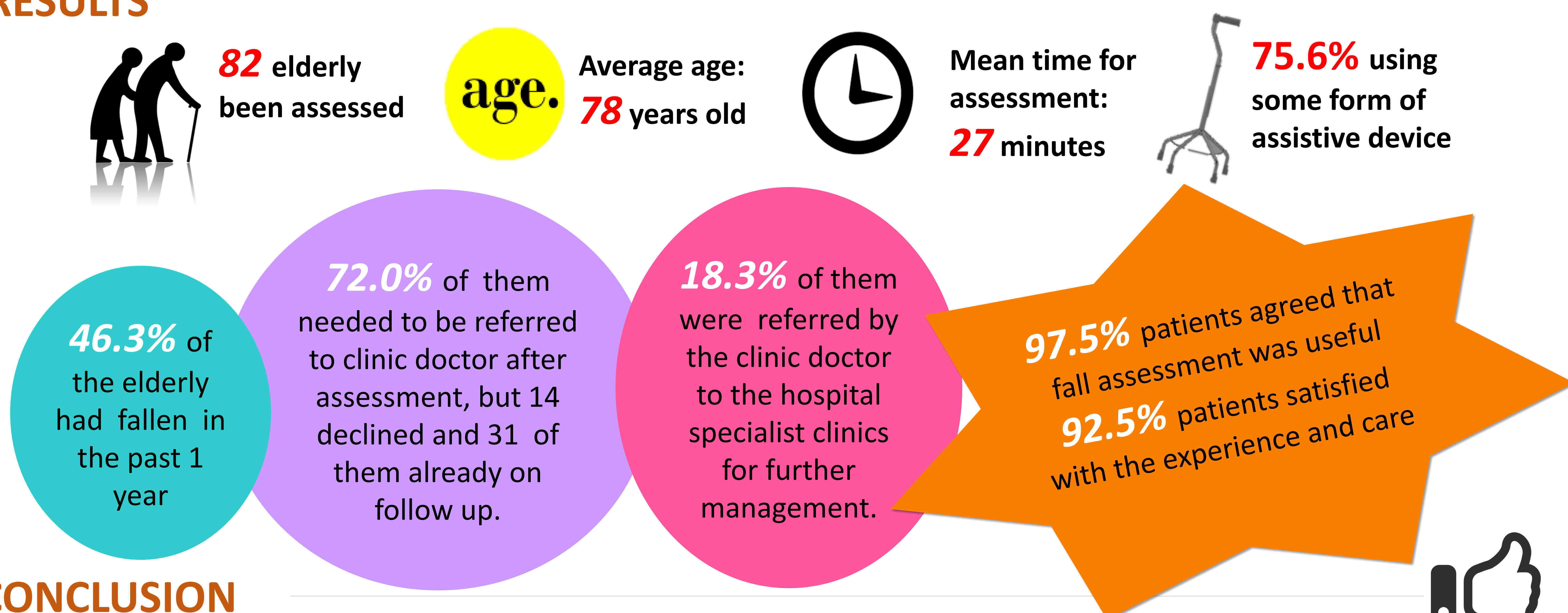
- **Falls** in the elderly pose real health issues and the consequences may lead to subsequent decline in their functional status.
- In SHP, falls assessment of patients is not routinely done during general clinic medical consultation even though they may be screened to have fall risk.
- The structured fall risk assessment, piloted by 8 Advanced Practice Nurses (APN) and Interns from August to October 2014 over 8 polyclinics, provides a channel of assessment of such patients.



## METHODOLOGY



## RESULTS



## CONCLUSION

Our pilot Structured Fall Risk Assessment service showed the **value of the resource and expertise** invested to assess patients who are screened to be at risk of falls. It allowed for **identification of risk factors**, which may not have been picked up or properly addressed in the context of the busy clinical practice for early and timely intervention. Through this service our APNs and Interns have **gained valuable clinical experience**.