SGH Hip Fracture Rehabilitation Pathway: A Successful Experience

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Explore direct referral system between Orthopaedic Surgery and **Rehabilitation Medicine for osteoporotic hip fractures**



sital neck fracture Transcervical neck fracture Intertrochanteric fracture **Carly triaging of hip fractures for rehabilitation Carly initiation of rehabilitation process** of A. An Assessment States

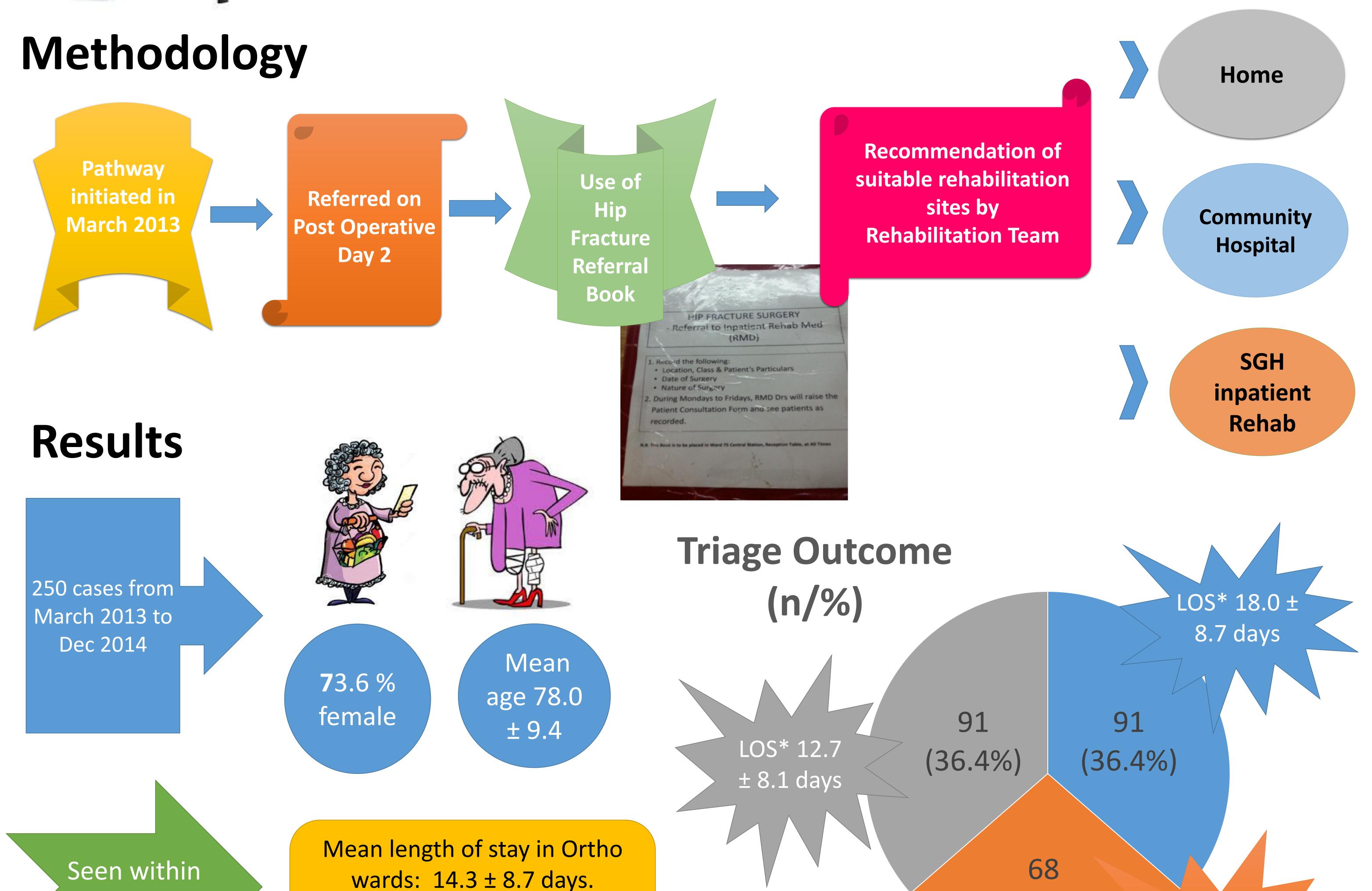
Subtrochanteric fracture

Fracture of the greater trochanter

Fracture of the lesser trochanter

LOS* 11.5 ±

7.7 days





Mean length of stay in rehab wards: 20.4 ±10.1 days.

Community Hospital SGH inpatient Rehab Home or Nursing Home

Conclusion

LOS*- mean length of stay in Ortho wards

This hip fracture rehabilitation pathway is a success from operation point of view. Early triaging into subgroup destinations allows Early rehabilitation, Early transfer into various rehabilitation service centres / institutions and Early discharge planning. In addition, this pathway serves as a guide for future operational strategies to improve hospital length-of stay.