



# Singapore Healthcare Management 2023

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## WE-CARE for Junior Doctors at Sengkang General Hospital



Junior Doctors are integral to Singapore's healthcare system.

The Ministry of Health's national wellness committee focuses on 3 key areas for junior doctors:

1. Workflow models & work hours
2. Career development & training
3. Culture to speak on matters related to safety and wellness

SingHealth prioritises creating a joyful workplace through its cluster-wide 'Joy at Work' initiative.

Sengkang General Hospital established its Junior Doctor Well-Being Committee in August 2020 to care for and support junior doctors in their growth as healthcare professionals and individuals.

### WE-CARE

Ensure Well-being & Engagement

Support Clinical, Administrative, Research & Education activities

### FRAMEWORK

### ABCD Initiatives

#### Appreciation



Appreciation lunches, achieve awards, refreshment corners

#### Balance



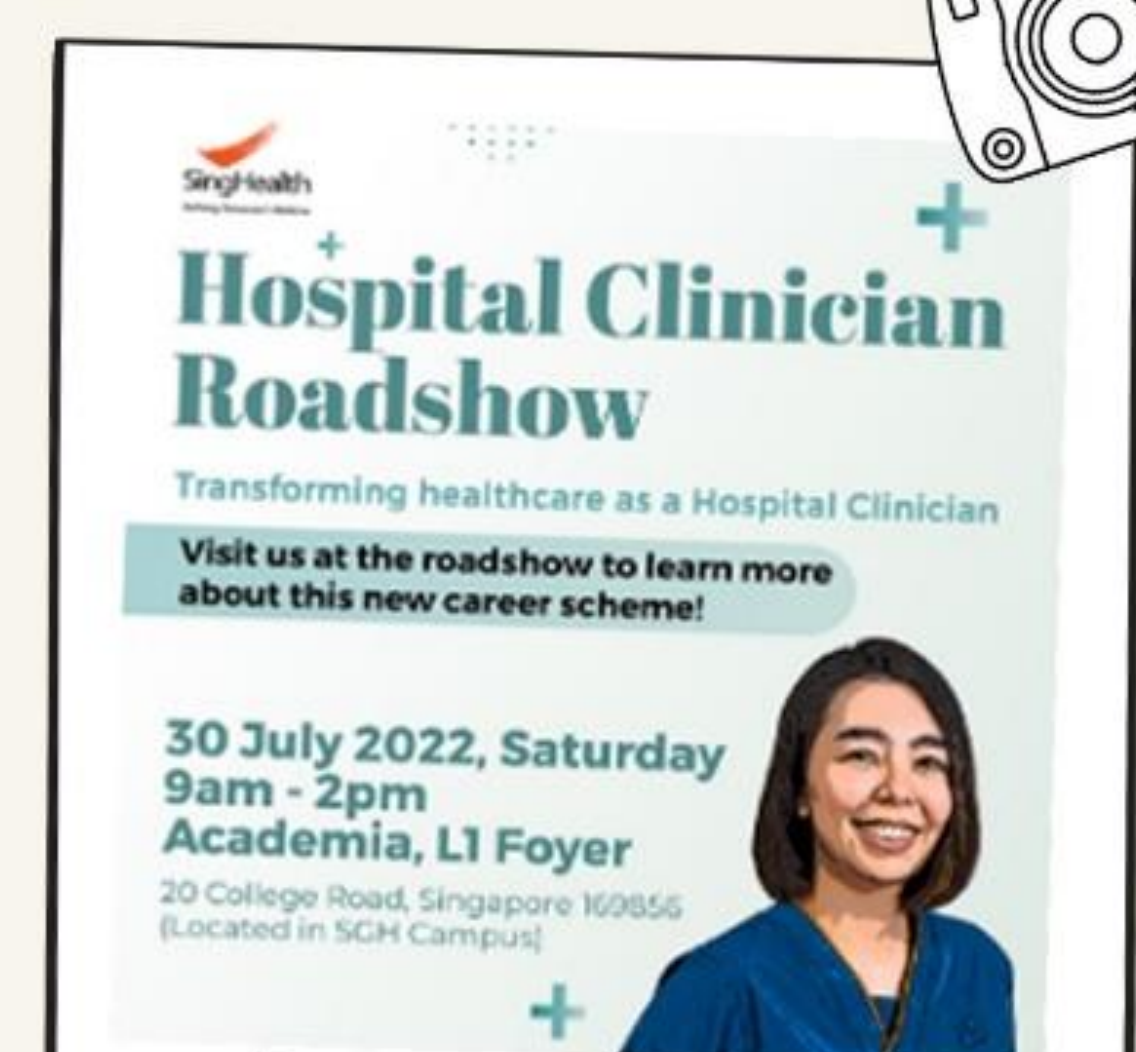
Recreation & recharge corners, cohesion activities

#### Communication



In-person engagement, feedback channels, department welfare officers

#### Development



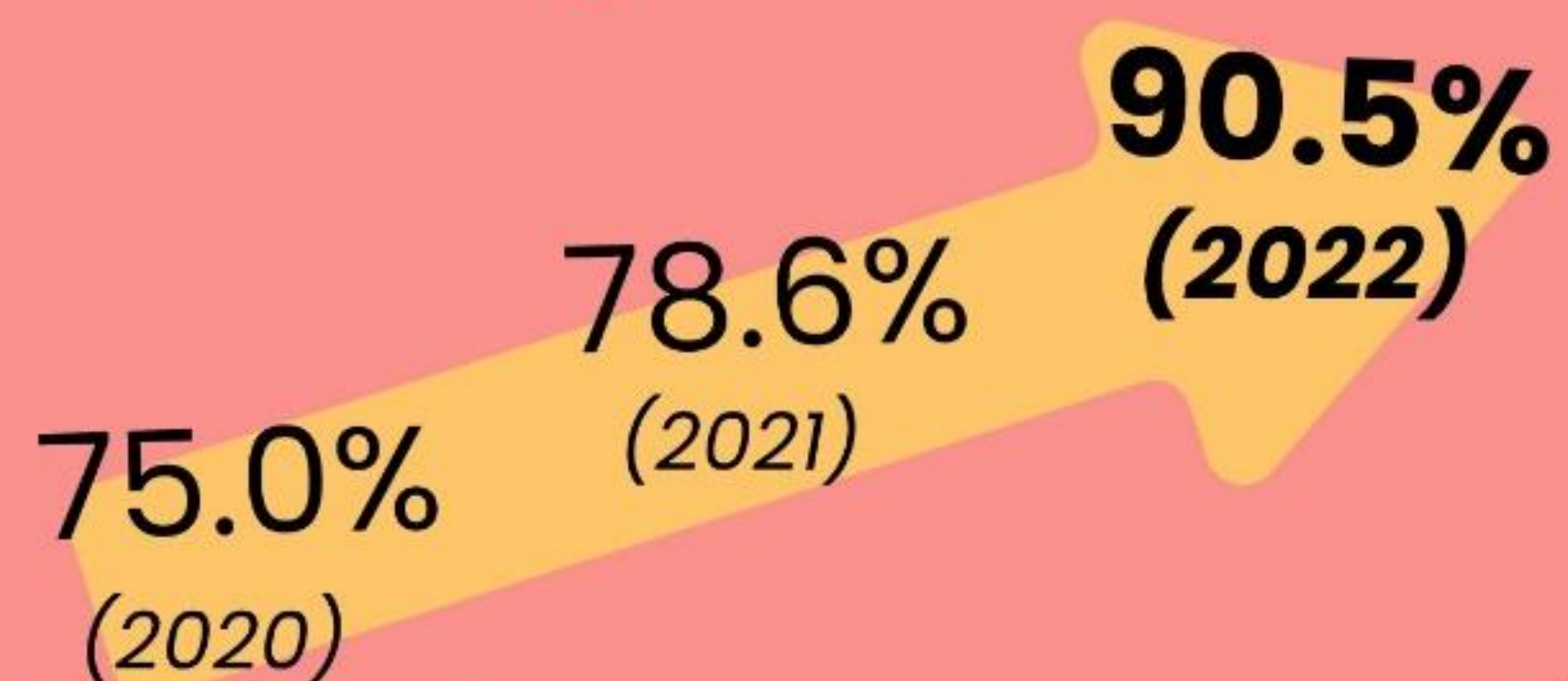
Resources for work, training & learning, career roadshows

### Impact

1) Junior doctors who feel engaged:



2) Junior doctors who feel well-being is taken care of:



Joy at work is attainable - identify the needs and take practical steps to ensure junior doctors' well-being and engagement