



Singapore Healthcare
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Angel - Human Initiatives

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Introduction

Hectic workplace; tasked orientated work hardly allows anyone to make time to get to know many colleagues better not to mention supporting one another in pandemic times. The initiative of introducing “Angel-Human” activity aims to instil Joy at Work that will better enhance the working relationship and strengthen the support among nurses in all 3 department of Neurology, Neurosurgery and Ambulatory during pandemic period. This initiative also aims to keep in tune with SingHealth Nursing cluster workgroup of Joy at Work effort.

Result

45 nurses actively participated in “Angel-Human”. In average, each “Human” has received about 4-5 encouragement messages or gift during the period of July to December. 90% had positive feedbacks as follows;

“Fun whereby in a busy day, I still get to receive a warm gift or food from my Angel.”

“Fun, heart-warming and cheer the human up.”

“Good joy at work initiative. We get to know each other better.”

Methodology

Random, blinded pairing of “Angel – Human” among nurses from 3 departments. Each “Angel” will received their “Human” via e-mail or via short message service and in return, each ‘Human’ will plays the role of “Angel” to another nurse. From the period of July to December 2021, “Angel” task is to send encouragement notes or a small gift to cheer their “Human” anonymously in challenging movement anytime, especially during deployment period. “Angel reveal” was excitedly announced in December.

Conclusion

The initiative was well received by nurses and had achieved it aims to instil Joy at work and working moral, relationship and better support among colleagues at workplace are enhanced.

