

Introduction

2020 was an extraordinary year for healthcare where many of our colleagues stepped up in the fight against COVID-19. With the recent surge in community cases, we continue to face unprecedented times in battling COVID-19. As the situation remains fluid, we continue to learn how we can Adapt, Innovate and Thrive with COVID-19, and what we can do to support our healthcare workers.

Aim & Methodology

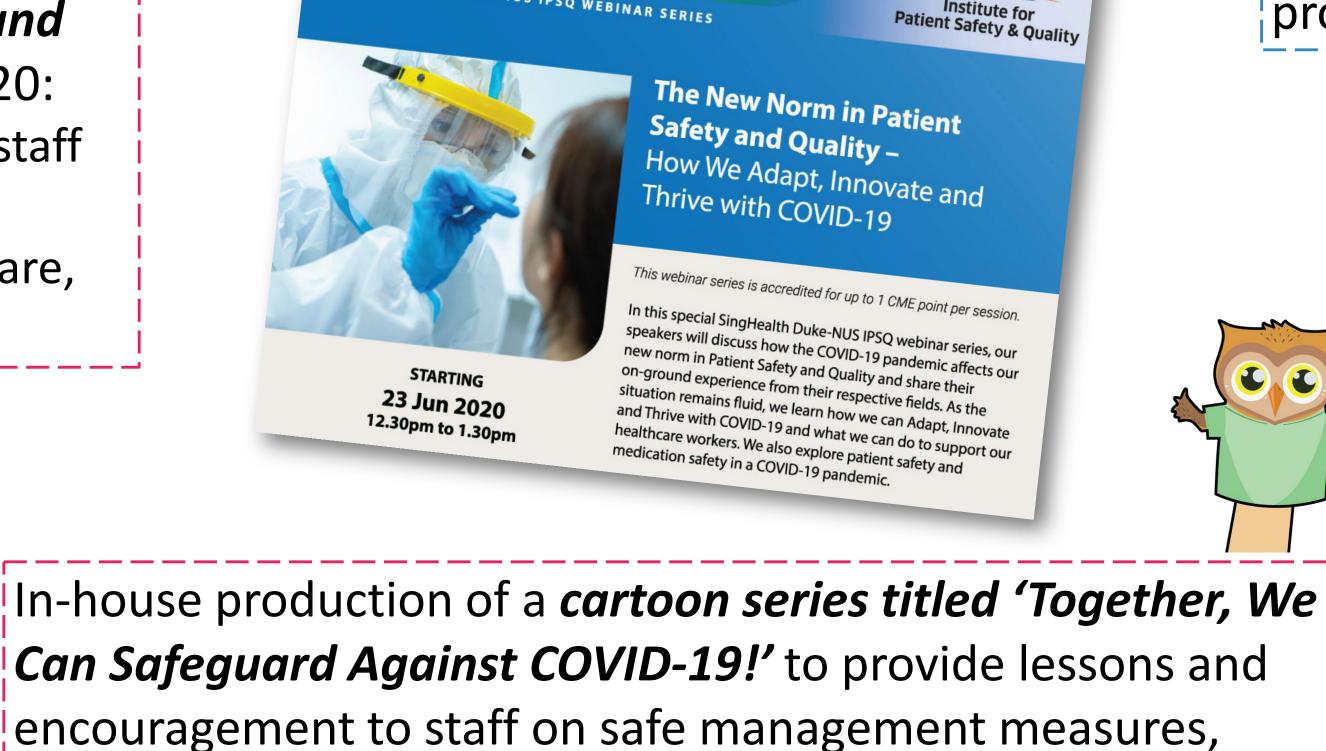
We aim to propagate staff awareness on patient and healthcare worker safety during COVID-19 pandemic through reinforcing guidelines and sharing useful tools in tackling the new norm.

NGHEALTH DUKE-NUS IPSQ WEBINAR SERIES

Organised IPSQ webinar series themed 'The New Norm in Patient Safety and Quality – How We Adapt, Innovate and *Thrive with COVID-19'* since June 2020:

- Support and self-care resources for staff
- Management of safe patient care
- Challenges faced in delivering safe care, value driven care, joy at work, etc.

In-house publication of Patient Safety & Quality Bulletins (published on e-Tomorrow's Medicine) with topics on: Selfcompassion, Joy at Work, training tools for self-development and improvement



TeamSPEAK™ screensaver implemented in all corporate computers/laptops aims to promote 'Speak Up for Patient Safety'





speaking up for patient safety and mindfulness resources.

Organised virtual events such as the **Patient Safety Week**, as well as **Quality & Innovation Day (QID)**, to celebrate the efforts of our staff and promote a culture of sharing best practices, quality improvement and innovation.

Carefully curated theme-based artwork pieces, in collaboration with The Care Collection from the National Arts Gallery & Singapore Art Museum, to organise weekly *iTHRIVE* **ARTpreciate** sessions for staff to mindfully reflect, refresh and recharge through arts and embodiment practices.



Created a *one-stop resource* on self-care and resilience – Mindfulness and TeamTHRIVE[™] Calendars, audio recordings, and e-learning modules



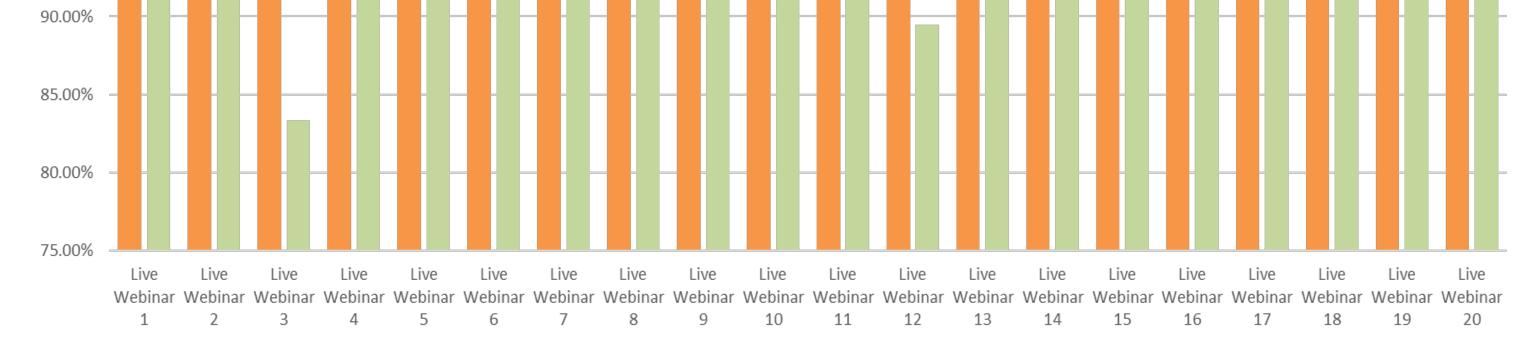
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Results

The resources have helped healthcare professionals and teams to

better cope and thrive during COVID-19:

- Based on post-evaluation feedback, 99.61% of attendees found the webinar useful and 95.65% found the duration just nice
- Testimonials from colleagues from other SingHealth institutions who complimented the comic series and found it 'heartwarming' and 'enjoyable'.
- The comic series was also presented at an international webinar organised by the World Health Organisation in August 2020 with a record number of more than 580 participants worldwide.
- Based on the feedback gathered from attendees, <u>94.2%</u> of the n= 8, 6% evaluation survey respondents (n= 138) responded that the QID 2021 virtual event had met their expectations.



Conclusion

The various mediums and platforms (webinar, bulletin, comic and online resources) used to propagate staff awareness and staff education on patient safety and healthcare worker safety during COVID-19 pandemic were useful and effective to help staff learn how to embrace the new normal.