

#### Introduction

2020 was an extraordinary year for healthcare where many of our colleagues stepped up in the fight against COVID-19. With the recent surge in community cases, we continue to face unprecedented times in battling COVID-19. As the situation remains fluid, we continue to learn how we can Adapt, Innovate and Thrive with COVID-19, and what we can do to support our healthcare workers.

# Aim & Methodology

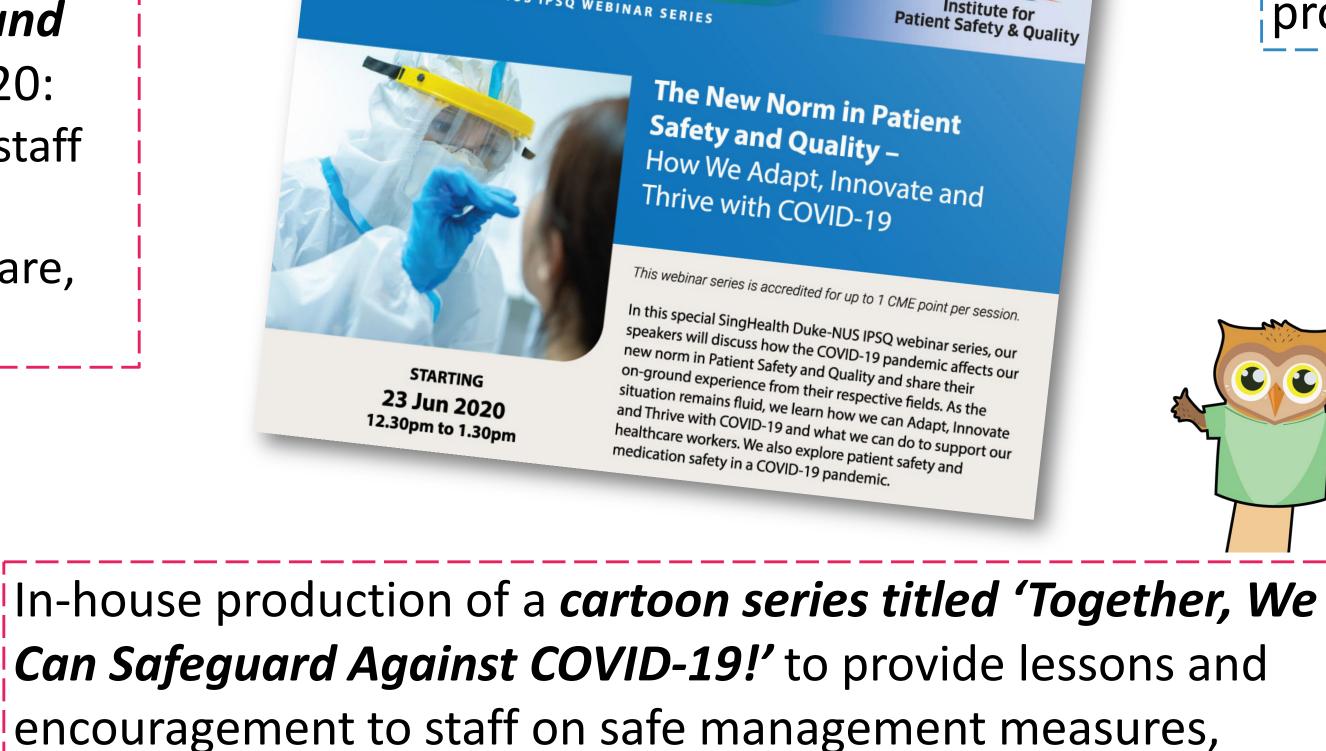
We aim to propagate staff awareness on patient and healthcare worker safety during COVID-19 pandemic through reinforcing guidelines and sharing useful tools in tackling the new norm.

NGHEALTH DUKE-NUS IPSQ WEBINAR SERIES

Organised IPSQ webinar series themed 'The New Norm in Patient Safety and Quality – How We Adapt, Innovate and *Thrive with COVID-19'* since June 2020:

- Support and self-care resources for staff
- Management of safe patient care
- Challenges faced in delivering safe care, value driven care, joy at work, etc.

In-house publication of Patient Safety & Quality Bulletins (published on e-Tomorrow's Medicine) with topics on: Selfcompassion, Joy at Work, training tools for self-development and improvement



*TeamSPEAK™ screensaver* implemented in all corporate computers/laptops aims to promote 'Speak Up for Patient Safety'





speaking up for patient safety and mindfulness resources.

Organised virtual events such as the **Patient Safety Week**, as well as **Quality & Innovation Day (QID)**, to celebrate the efforts of our staff and promote a culture of sharing best practices, quality improvement and innovation.

Carefully curated theme-based artwork pieces, in collaboration with The Care Collection from the National Arts Gallery & Singapore Art Museum, to organise weekly *iTHRIVE* **ARTpreciate** sessions for staff to mindfully reflect, refresh and recharge through arts and embodiment practices.



Created a *one-stop resource* on self-care and resilience – Mindfulness and TeamTHRIVE<sup>™</sup> Calendars, audio recordings, and e-learning modules



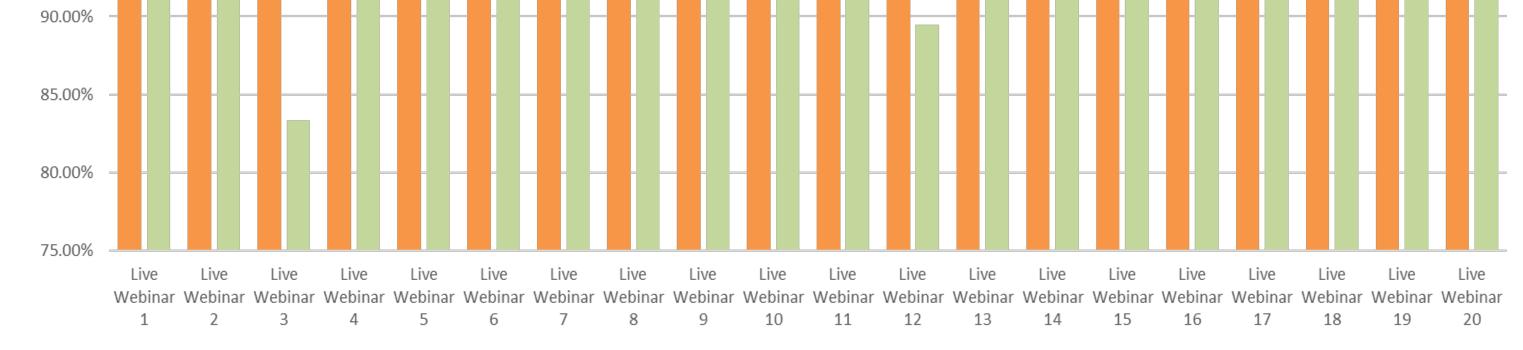
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# Results

The resources have helped healthcare professionals and teams to

better cope and thrive during COVID-19:

- Based on post-evaluation feedback, 99.61% of attendees found the webinar useful and 95.65% found the duration just nice
- Testimonials from colleagues from other SingHealth institutions who complimented the comic series and found it 'heartwarming' and 'enjoyable'.
- The comic series was also presented at an international webinar organised by the World Health Organisation in August 2020 with a record number of more than 580 participants worldwide.
- Based on the feedback gathered from attendees, <u>94.2%</u> of the n= 8, 6% evaluation survey respondents (n= 138) responded that the QID 2021 virtual event had met their expectations.



### Conclusion

The various mediums and platforms (webinar, bulletin, comic and online resources) used to propagate staff awareness and staff education on patient safety and healthcare worker safety during COVID-19 pandemic were useful and effective to help staff learn how to embrace the new normal.