Pilot Program of PROMs for Patients with Acute Coronary Syndrome in Singapore

Singapore Healthcare Management 2019

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Abstract

The National Heart Centre Singapore (NHCS) has initiated a study on Patients Reported Outcomes Measurement (PROMs) to understand Coronary Artery Disease (CAD) patients' experiences. The study aims to collect from a large cohort of patients who was followed up in a longitudinal study over the period of 5 years. PROMs are collected and analyzed in areas of care delivery, clinical outcomes and patients experience. Using ICHOM as reference, the CAD Standard Set variables are collected from our patients at admission, 30 days, 90 days, 180 days and annually for 5 years. This study started on August 1st, 2017 and the first set of complete data collection and analysis would be done in 2022.

Introduction

The Acute Coronary Syndrome (ACS) PROMs Study aims to



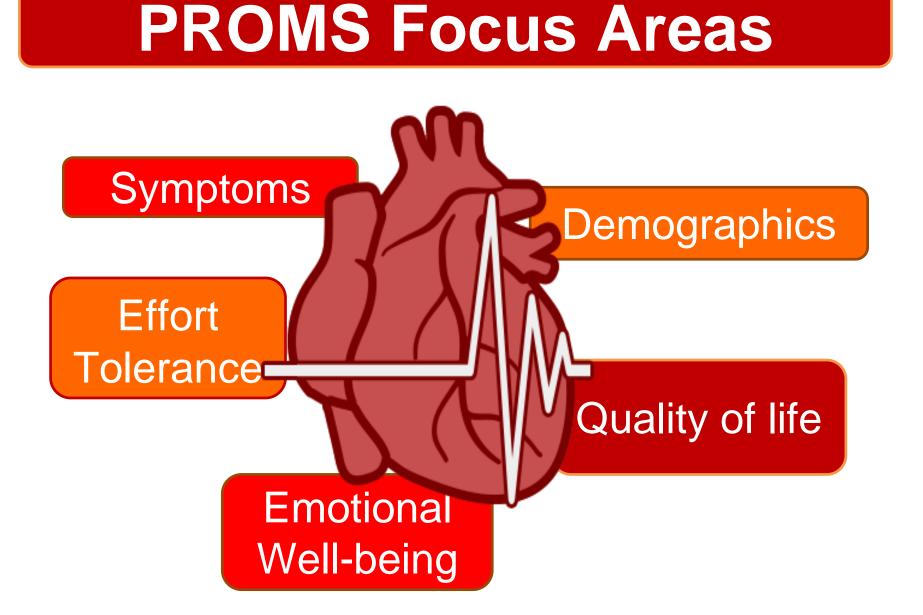
Patient Health Questionnaire-2 (PHQ-2)

Over the past 2 weeks, how often have you been bothered by any of the following problems?

measure the outcomes that matter most to patients. It collects data using Rose Questionnaire, SAQ-7 and PHQ-2 templates. Over time, such data would be able to help us find out what constitutes 'value' to our society as we delve deep into the relationships between the cost of care and patients' treatment outcomes.

Objective

To initiate a program for PROMs collection of ACS Patients



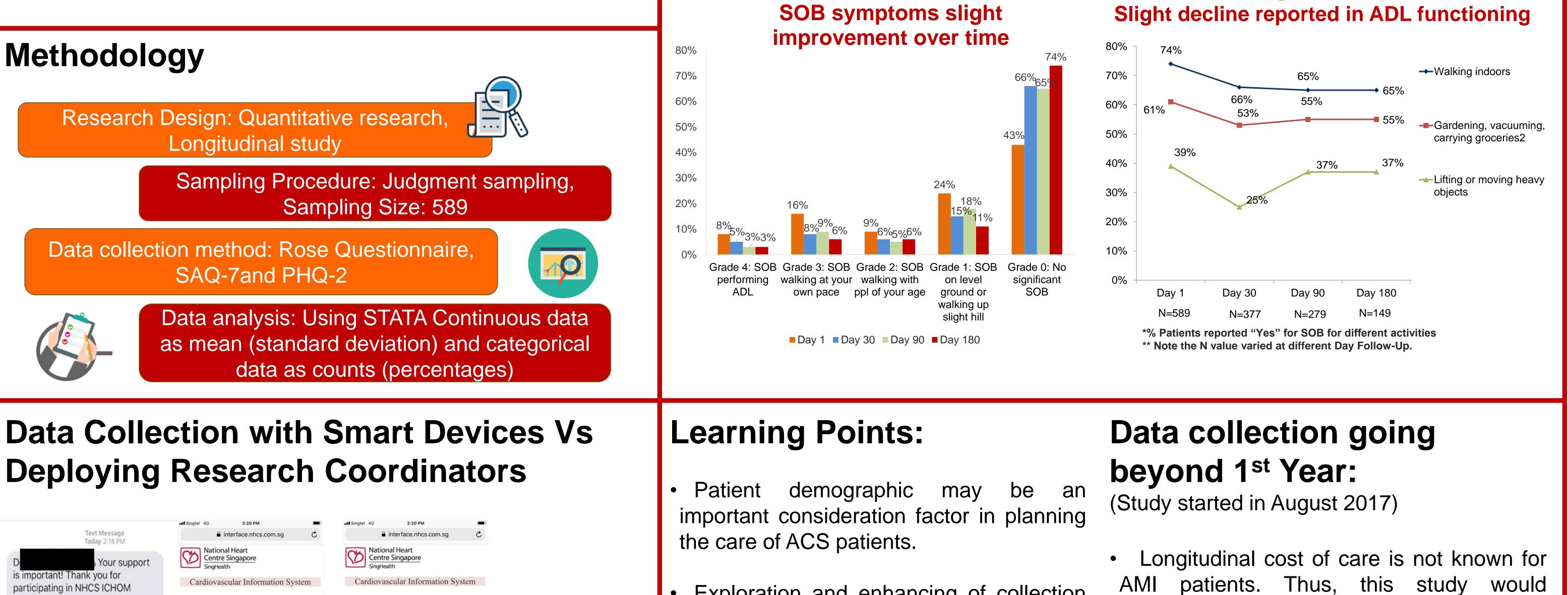
Recruited ACS Patients DemographicsAge (year)mean (SD)62 (11)GenderMale477 (81.0%)Female112 (19.0%)EthnicityChinese375 (63.7%)Malay96 (16.3%)Indian89 (15.1%)Others29 (4.9%)EducationBelow219 (37.2%)Secondary225 (38.2%)Main CaregiverSelf286 (48.6%)OccupationNot Working243 (41.3%)Low Income135 (22.9%)Lower MiddleLower Middle121 (20.5%)							
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Low Income 135 (22.9%)		•					
Low Income 135 (22.9%)	Occupation	Not Working	243 (41.3%)				
		Lower Middle	x 7				

ROSE Dysponea Questionnaire:

or the following probler	113 :			
	Day 1	Day 30	Day 90	Day 180
Little interest or pleasure in doing things				
Not at all	351	270	213	121
	(60.0%)	(71.6%)	(76.3%)	(81.2%)
Several days	122	60	46	18
	(20.7%)	(15.9%)	(16.5%)	(12.1%)
More than half the	42	16 (4.2%)	7 (2.5%)	4
days	(7.1%)			(2.7%)
Nearly everyday	74	31 (8.2%)	13 (4.7%)	6
	(12.6%)			(4.0%)
Feeling down, depressed or hopeless				
Not at all	349	263	207	117
	(59.3%)	(69.8%)	(74.2%)	(78.5%)
Several days	139	77	59	26
	(23.6%)	(20.4%)	(21.2%)	(17.5%)
More than half the	38	14 (3.7%)	5 (1.8%)	1
days	(6.5%)			(0.7%)
Nearly everyday	63	23 (6.1%)	8 (2.9%)	5
	(10.7%)			(3.4%)
Patients' Mental Well	-beina Imp	roved over	time. vet :	>22% still

Patients' mental well-being improved over time, yet >22% still feel down and depressed.

Seattle Angina Questionnaire:



participating in NHCS ICHOM	
Study! Please answer this survey to	
help better understand	
Singaporeans' heart conditions and	
to improve future health outcomes!	
For enquiries, please call 6704	
2279/2280.	
Please click https://	
interface.nhcs.com.sg/	
NHCCVISSurvey/	
NHCCVISSurveyEntry.aspx?	
TemplateID=2&SubmissionNo=461	
3DAABDBEC4C72BD3B457AE2578	
4EF&UID=AF61938A9602462E82C	
172F8DAF2A332 to access the	

Cardiovascular Information System	Cardiovascular Information System	
Please answer all questions and do not leave blank. Thank you!	Please answer all questions and do not leave blank. Thank you!	
If disabled from walking by any condition other than heart or lung disease, please input "NA" for Qns 1 – 4	If disabled from walking by any condition other than heart or lung disease, please input "NA" for Qns 1 – 4	<u>10%</u>
1. Are you troubled by shortness of breath when hurrying on level ground or walking up a slight hill?	1. Are you troubled by shortness of breath when hurrying on level ground or walking up a slight hill?	response
01. Yes 02. No 03. NA	○1. Yes○2. No○3. NA	from patie
 Do you get short of breath walking with other people of your own age on level ground? 1. Yes 	2. Do you get short of breath walking with other people of your own age on level ground?	using Sm
02. No	02. No 03. NA	devices.
3. NA3. Do you have to stop for breath when walking at your own pace on level ground?	3. Do you have to stop for breath when walking at your own pace on level ground?	
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ups are

Research

completed by

Coordinators.



*Patients featured had given consent to display their photos.

<u>e rate</u> ients nart study. Most follow-

Exploration and enhancing of collection tools such as web based or smart phone applications is essential as the traditional way of deploying research coordinators is expensive, especially for longitudinal

First PROMs in NHCS which would provide us the patients' perspective on our medical care delivery. We seek to understand how patients feel than relying just on clinical analysis.

Depression remains undertreated in ACS patients.

continue to collect PROMS annually for the next 4 years after the first year of 5 touch points at admission, 1st, 3rd, 6th and 12th month.

We will be integrating the collection and analysis of the financial cost of patients' medical treatments. As the study develops with more data collection and deeper analysis, we hope to determine what are the elements that make up "value" for our patients.