



Singapore Healthcare  
Management **2018**

# Target Zero Harm – Fall Prevention Awareness Week

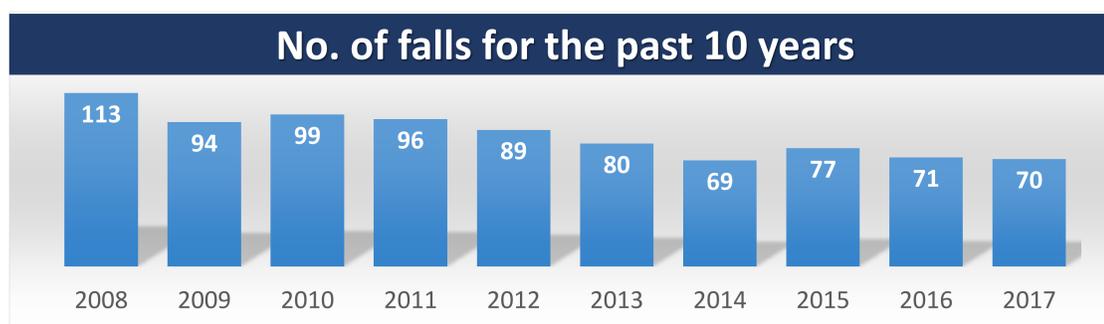


KK Women's and  
Children's Hospital  
SingHealth

Team: Nursing Quality Council, Marketing Communications, Office of Patient Experience, Specialty Ambulatory Services, Allied Health (Rehabilitation) and Quality, Safety and Risk Management

## Background

As healthcare professionals, preventing patients' falls in Hospital is vital as injurious falls may lengthen their hospital stay. Over the past 10 years, KKH is seeing a decreasing trend in number of falls, but it had remained stagnant for the past 3 years.



## Aim

A team comprising of nurses from different disciplines and representatives from Quality, Safety and Risk Management, Office of Patient Experience, Specialty Ambulatory Services, Physiotherapy department collaborated with the aim:

- ❖ To increase awareness of patients' and caregivers' roles in fall prevention in Hospital.
- ❖ To help staff understand how to prevent patients more effectively and themselves from falling.

The inaugural Fall Prevention Awareness Week was held on 3 April to 7 April 2017.

## Activities

As a prelude to the fall prevention awareness week, the team organized a fall prevention poster competition that was opened to all KKH staff. Exhibits of the posters were displayed throughout the whole week at Women's Tower podium.

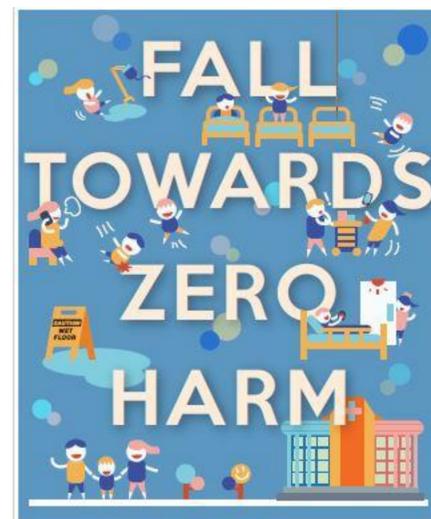
In addition, these are some of the events that took place on the main activity day, 3<sup>rd</sup> April 2017:



Walkabout and Game Booths



Prize Presentation during Forum and a winning poster



FALLS ARE THE LEADING CAUSE OF UNINTENTIONAL INJURY IN HOSPITAL. EVERYONE PLAYS A ROLE IN PREVENTING FALLS. TOGETHER WE CAN ACHIEVE ZERO HARM FOR PATIENT.

## Results and Conclusion

The forum was well received by staff and public with a total turn-out of **160** attendees. We invited speakers to touch on topics such as transportation tips of patients, human factors views on falls etc. A pre and post survey of the forum was collected and there was an increase of awareness in fall prevention from **87%** to **95%**. With the success of our first Fall Prevention Awareness Week, the committee has decided to make this event a yearly affair. This year, the Fall Prevention Awareness Week will be held on 18 June to 22 June 2018. Our tagline: Be an Advocate of Patient Safety. Partner with us to save a fall.