

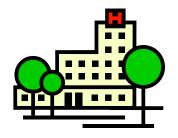
# A Pilot to Reduce Bed Crunch: **Interim Caregiver Service**

### Janet Toh & Jade Lee

Special Thanks to: MOH, THK & CGH Team-Mr Peter Tay (COO), Dr Janet Choo (DD, Nursing), Ms Lau Soy Soy (AD, Nursing), Dr Goh Soon Noi (Head of MSS), Mr Benjamin Cheam (D, Strategic Services), Ms Tan Mei Fen (AD, Inpatient Ops), Discharge Coordinators and Medical Social Workers.

## **Our Aim**

The interim caregiver service is a new initiative launched on 1st March 2013, primarily aimed to enable the timely discharge of medically fit patients back to the community who are otherwise inappropriately waiting for home care or community care arrangements to be finalised in the acute care setting.

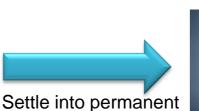




hospital



**Interim Caregiver** Service at Home



care plan





**Day Care Domestic Helper** 

## What is it?

Hospital

This is a 8-month pilot initiative between CGH and Thye Hua Kwan (THK), with support from the Ministry of Health. It is now being rolled out in operation nation-wide by other restructured hospitals as well.

Caregiver Shifts	Day Shift 📀	Night Shift		
Time	8 am – 8 pm	10pm – 8 am		
% Subsidy for 2 weeks, Class B2	65%			
% Subsidy for 2 weeks, Class C	80%			

- The caregivers are registered nurses in their countries.
- They are mainly from the Philippines.
- > They are nursing aides, and assist in home care and assist in administering medication.

## Methodology

- ✓ Pilot Period: March 2013 October 2013, 8 months
- No. of caregivers provided per month: **10 caregivers** on average  $\checkmark$
- Study group: 132 patients -> 102 enrolled in service, 30 declined service
- A telephone survey was conducted to measure families'/patient's satisfaction.

# Conclusion

Service Take-up Rate

<u>Service Take-up Nate</u>										
For 2013	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Tota	

#### **Inclusion Criteria:**

- Medically stable for discharge
- □ Singaporeans and PR
- □ Waiting for permanent care plan

### **Exclusion Criteria:**

- Medically unstable
- Moderate or severe dementia



#### **Study Group**

- Mainly from Class C
- 55% are females
- Average age of 78

### Service Evaluation Results

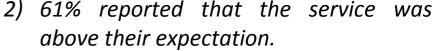
- 1) 96% reported that they met their needs



Enrolment	12	9	16	14	21	14	6	10	102
Declined cases	7	9	2	2	1	3	4	2	30
Targeted Group									
Approached	19	18	18	16	22	17	10	12	132
*270 bed days saved in									

8 months!!!

Readmission rate within 15 days of discharge was comparable with those who have declined service.



3) Majority (89%) agreed that the service helped relieve their burden of care.

The service will continue to be rolled out by more providers and benefit patients in other hospitals.

\*\* Photo reference from Lian He Zao Bao & Channel News Asia



