



**Singapore Healthcare Management 2017**

# Community & Home Eye Screening Service (CHESS)

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## Background & Objective

Regular home and community eye screenings do not effectively reach out well to the elderly & frail.

CHESS aims to enable to detect early eye diseases via:

1. **First-level Community Eye Screening (FiLCES)**
2. **Second-level Eye Consultation (SeLEC)**
3. **Training nurses & optometrists** as ophthalmologist extenders (OE) to manage simple eye conditions at the top of their licenses.

## Methodology

### AS IS:

Mass eye screenings done infrequently due to:

1. **Labour-intensiveness:** about 30 staff required.
2. **Complex logistics:** need to coordinate manpower, equipment & participants.
3. **Limited follow up** of patients with eye conditions.

### TO BE:

Trans-disciplinary collaboration involving various departments (as stated above):

1. **To increase accessibility** of community eye care by using trained nurses & optometrists.
2. **To reduce eye referrals to hospitals**
3. **To be cost effective** using existing resources:
  - a. **Wellness Kampungs:** AHS partnering with St Lukes ElderCare & Nee Soon GROs.
  - b. **Trained Nurses** (AIP-CCT & PH Programs)
  - c. **Optometrists** (KTPH OVS Department)
4. **To facilitate** community eye care via technology enablers for tele-health, patient self-monitoring & e-learning.

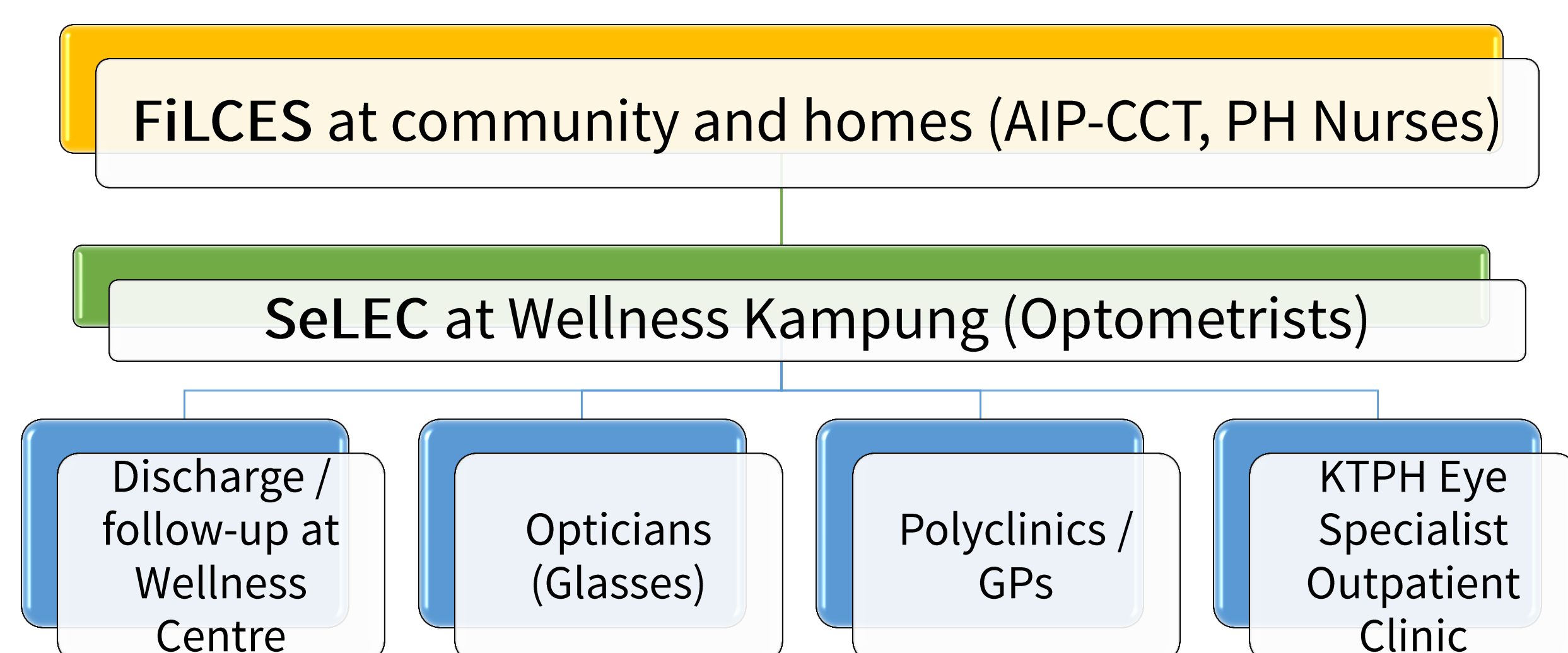


Nurses trained by ophthalmologist

FiLCES

Wellness Kampung consult room

SeLEC



## Results

### PILOT PROJECT (May – June 2016)

#### Community Eye Screening Results:

Setting	Patients screened	Patients eligible for CHESS (FiLCES)	Patients with eye abnormalities
Health Screening	76 (53%)	75	23 (30%)
Community Nurse Posts	27 (19%)	27	11 (41%)
Homes	40 (28%)	27	18 (45%)
<b>Total</b>	<b>143</b>	<b>129 (90%)</b>	<b>52 (36%)</b>

- **40.3% (52/129 patients)** diagnosed to have one or more eye conditions at FiLCES

### ROLLED-OUT PROJECT (February – May 2017) (on going)

#### Community Eye Screening Results:

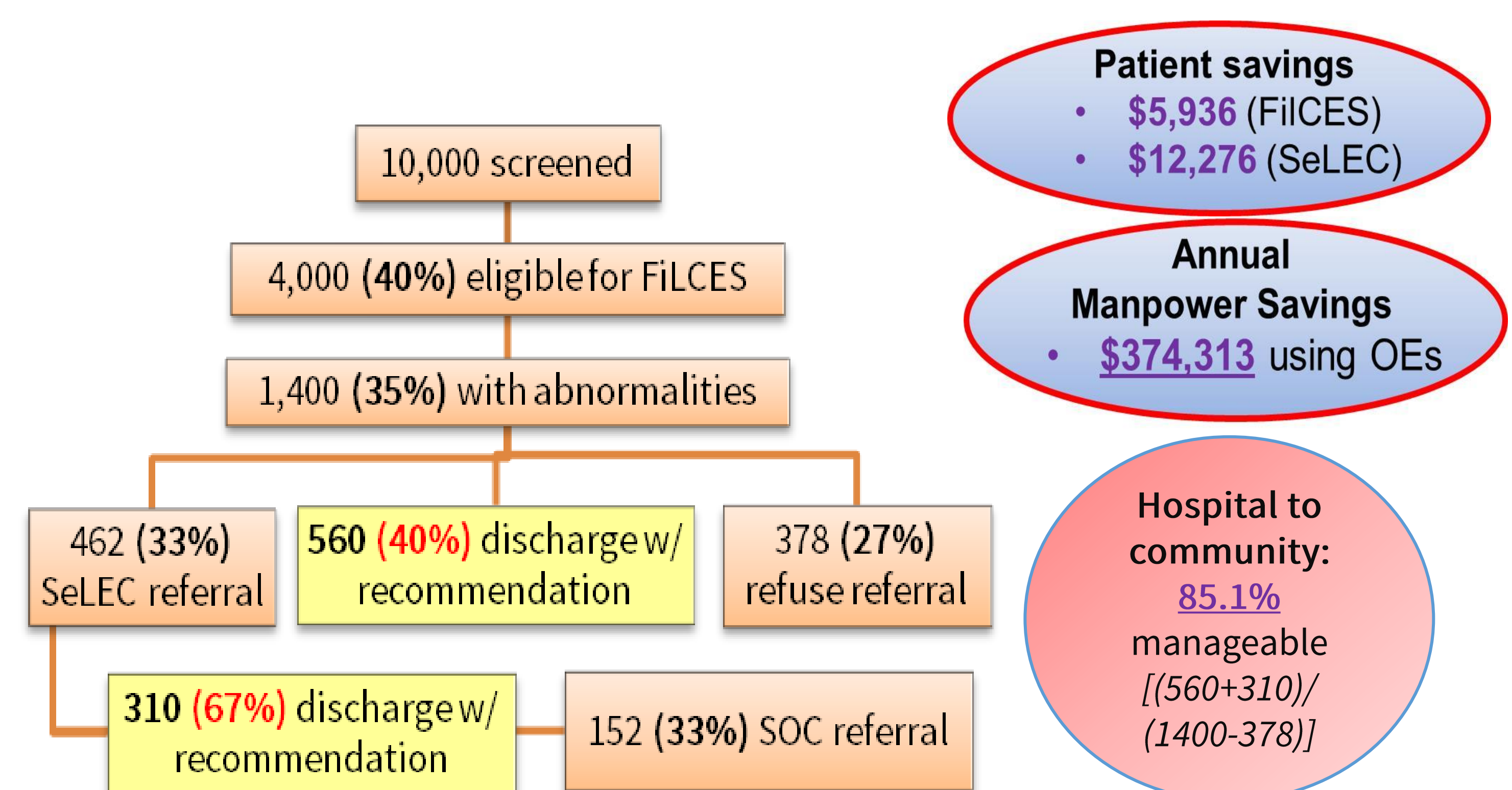
Date	Patients Screened at FiLCES	One or more eye conditions	Referred to SeLEC	Referred to Specialist
Feb'17 – May'17 ongoing	883	366	198 (177 seen)	82

- **41.4% (366/883 patients)** diagnosed to have one or more eye conditions at FiLCES
- **54.1% (198/366 patients)** referred for SeLEC
- **Only 46.3% (82/177) patients from SeLEC** referred to specialist

## Project Impact

### BASED ON PILOT PROJECT

- **52 patients with asymptomatic eye conditions** were detected at FiLCES.
- **71.2% (37/52)** could be managed at SeLEC.
- **28.8% (15/52)** needed specialist referral.
- There were 72 eye conditions diagnosed in total.
- **Projected workload: 560 patients (FiLCES) ; 310 patients (SeLEC)**



## Sustainability

1. **Infra-structure & system in place for:**
  - Training & certification of nurses & OE
  - Wellness Centre & technology enablers
2. **Training of external partners** (Society of Opticianry Practitioners) as a potential referral source
3. **Funding** from **MOH Health-PASS** (\$300k) & **Alexandra Health Endowment Fund** (\$300k)

## Conclusion

CHESS is a **feasible & cost-effective** eye care model to **manage many ophthalmic conditions** in the community.