



SHM_SQ064 :Nurse-led Group Activities for older adults in an acute geriatric ward

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Aims

To incorporate a nurse –led group activities for older adults in an acute ward setting Forming group activities, as part of the inpatient’s daily routine to promote positive outcomes by

- 1) Improved self-esteem and social interaction
- 2) functional outcome upon discharge

Methodology

Data was collected from 47 participants of whom 25 attended repeated activities throughout hospital stay giving a total of 102 data collection entries

Indicator of each last matching case as Primary

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Duplicate Case	55	53.9	53.9	53.9
Valid Primary Case	47	46.1	46.1	100.0
Total	102	100.0	100.0	

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Age	102	70	96	83.08	6.032
Patient_SS	102	1	10	6.50	2.508
Social_Interaction	96	-5	9	2.89	3.424
Length_of_Stay	63	4	36	14.94	6.895
Valid N (listwise)	59				

The Bradford Well-Being profile and Occupational Therapy Task Observation Scale (OTTOS) were adapted when designing the questionnaire .The outcomes measured were patient’s satisfaction via feedback and observation, functional status of the patients, social interaction of patients during activities and Caregiver’s and Nurses’ feedback on activities conducted.

Result

Total of 102 patient participated in group activities. There is a significant changes in patient’s satisfaction after activities (M = 6.5, SD = 2.5). 77 of them were minimum assisted, 23 were moderate assisted and 2 were maximum assisted. Social interaction scores predominantly within the positives of the well-being scale (M =2.89, SD = 3.4). Feedback from nurses were shown that majority of patients were co-operative, attentive, happy and smiling during the activities. Caregivers were happy and most were unaware that the participant could still do some of the activities.

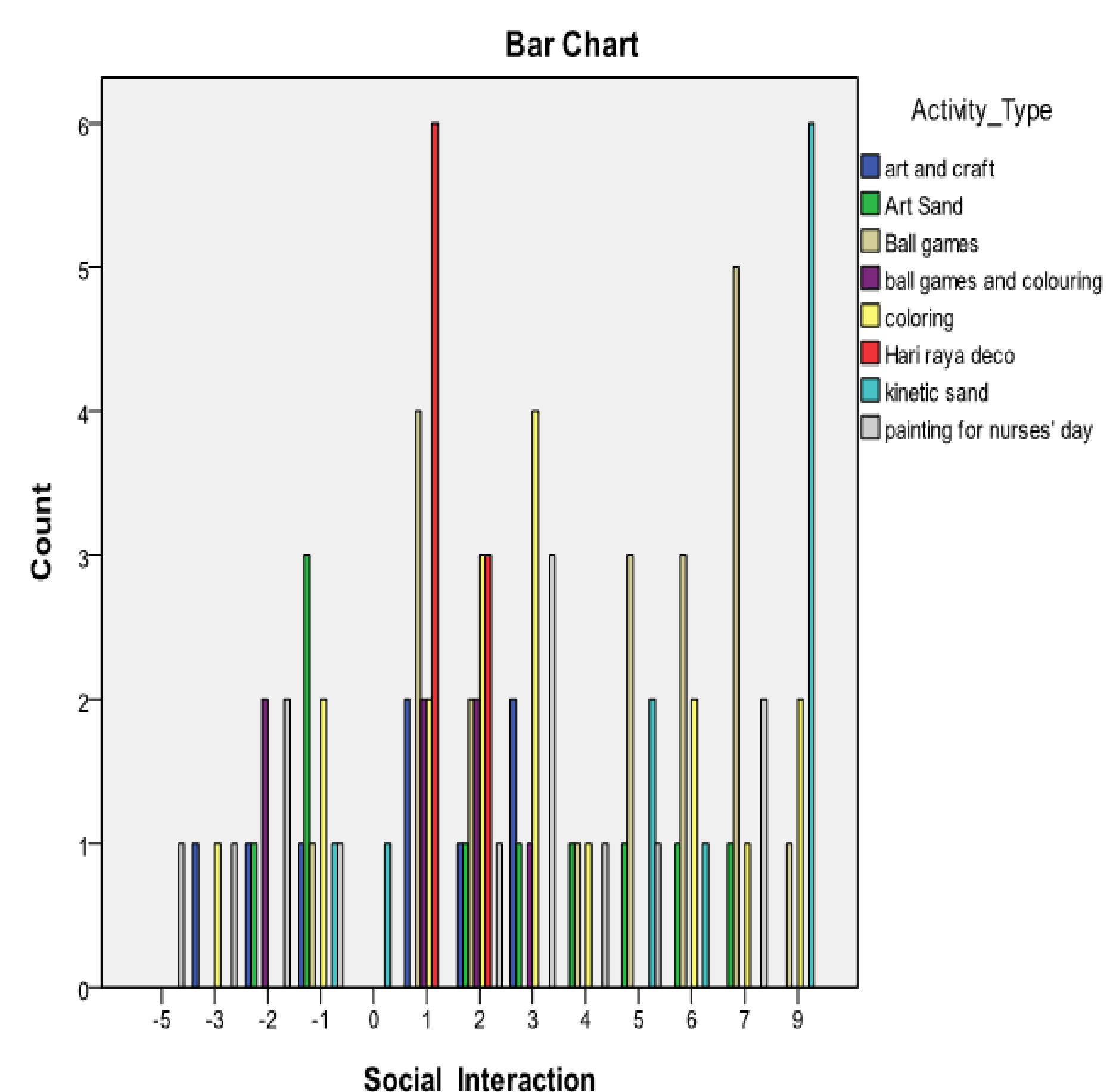
Conclusion

Group activities provide older patients with opportunities for physical participation away from their bedside as well as enhanced their psychosocial wellbeing. Since the start of conducting activities, there is an improvement in patient’s behaviours and functional outcome.



Patient_SS * Activity_Type Crosstabulation

Patient_SS	Activity_Type								Total
	art and craft	Art Sand	Ball games	ball games and colouring	coloring	Hari raya deco	kinetic sand	painting for nurses' day	
1	1	1	0	0	0	0	0	3	5
2	1	1	0	2	0	0	1	0	5
3	1	1	0	0	1	0	0	0	3
4	3	1	2	1	1	0	0	1	9
5	1	1	5	2	2	1	0	1	13
6	0	0	1	0	3	1	0	2	7
7	0	2	4	0	6	2	4	0	18
8	1	1	9	1	2	4	0	2	20
9	2	1	1	0	2	0	0	4	10
10	0	1	1	1	1	1	6	1	12
Total	10	10	23	7	18	9	11	14	102



References

1. Bradford Dementia Group (2008). The Bradford Well-Being Profile. Bradford: University of Bradford.
2. Margolis, R.L., Harrison, S.A., Robinson, H.J. & Jayaram. G, (1996). Occupational Therapy Task Observational scale (OTTOS): a rapid method for rating task group function of psychiatric patients. The American journal of occupational therapist, 50(5), 380-385.