



# Allied Health Partnership Programme

Singapore Healthcare Management 2017

Dr Jasper Tong, SingHealth  
 Prof Celia Tan, SingHealth  
 Hilda Ng Sok Har, SingHealth  
 Chew Wee Jia, SingHealth  
 Tang Wen Han, SingHealth  
 Prof Tan Mann Hong, Singapore General Hospital  
 Prof Tan Seang Beng, Singapore General Hospital  
 Dr John Chen, Singapore General Hospital  
 Tan Bee Yee, Singapore General Hospital  
 Jennifer Liaw, Singapore General Hospital  
 Yang Ming Xing, SingHealth Polyclinics

## INTRODUCTION

The Allied Health Partnership Programme (AHPP) is a network of private physiotherapy clinics that seeks to:

Empower the network of Delivering-On-Target General Practitioners (DOT GP) to manage low back pain in the community & Decongest the acute care services for complex patients

## CURRENT SITUATION

- Limited options for physiotherapy services
- Price gradient between private and public physiotherapy services
- Increasing wait times for acute hospital services

## PRACTICE CHANGE IMPLEMENTED

- Increased options through AHPP Network
- Reduced rates at AHPP partners - \$88 to \$44 (USD)
- Right siting stable patients to free up slots for complex cases

**Specialist Outpatient Clinic**

- Specialist will discharge patient if his/her condition is deemed stable.

**Right-Siting Office**

- DOT-AHPP Liaison Officers (DALO) counsel patients on their primary care options for follow up care.
- DALOs assign appropriate DOT GP and AHPP clinic to patients according to their needs and preferences.

**AHPP Clinic**

- AHPP Physiotherapists will provide up to 6 sessions of therapy
- Progress reports will be given to the DOT GP

**DOT GP Clinic**

- DOT GP assesses patient condition, refers for additional physiotherapy sessions at AHPP if necessary
- RSOs coordinate referral back to SOC if patients' condition deteriorates and require specialist attention

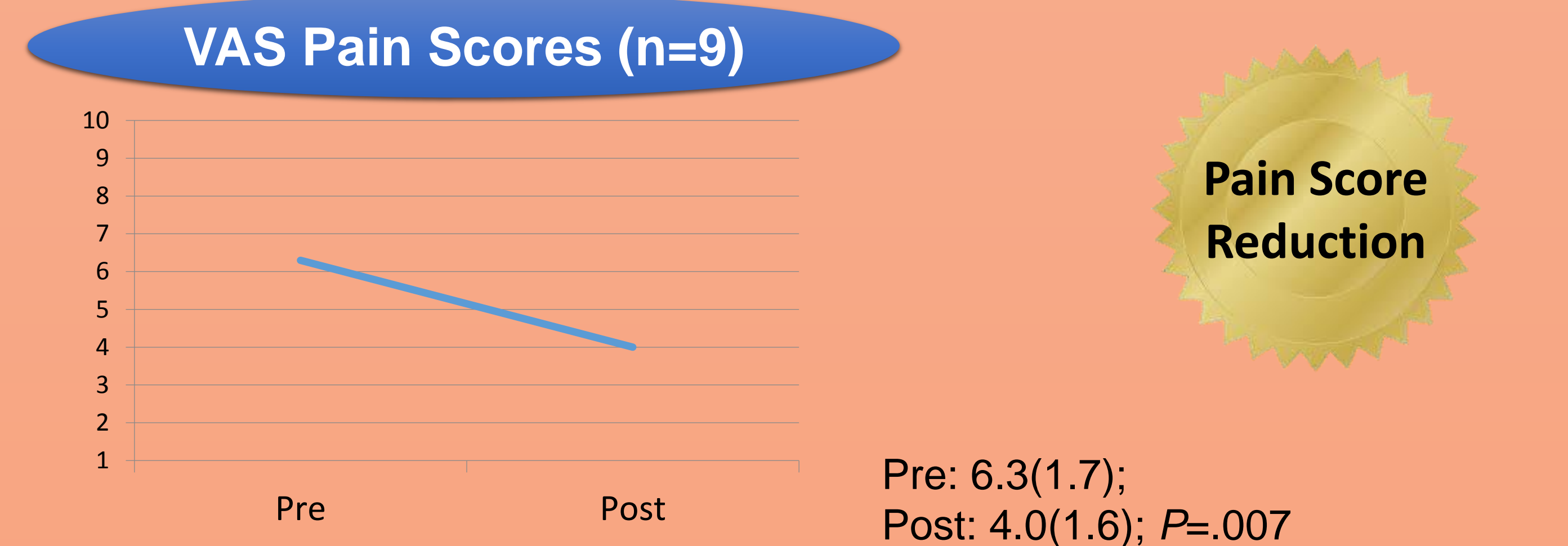
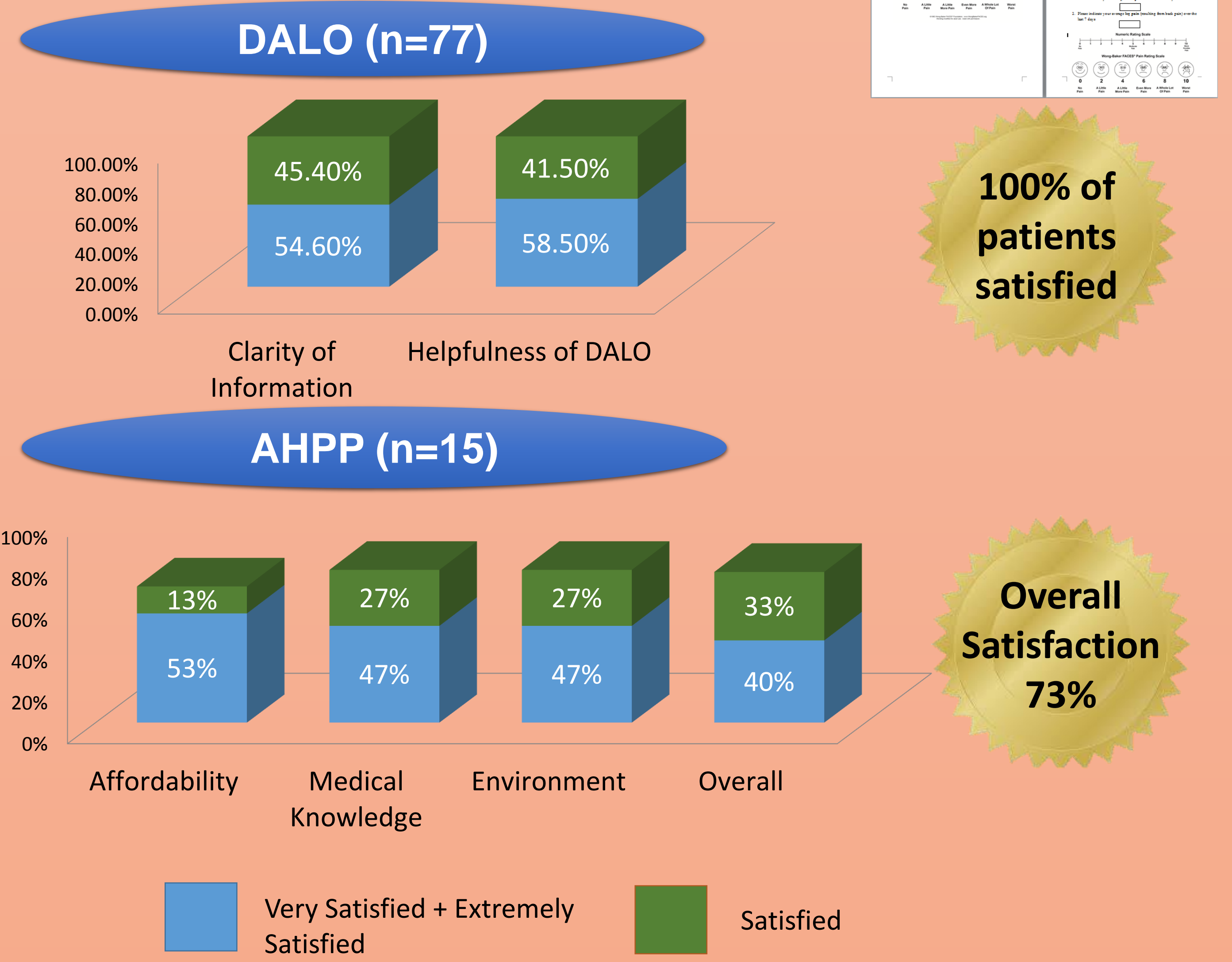
**Surveys Implemented (5 point Likert scale)**

- DALO Satisfaction Survey, Visual Analogue Pain Scores
- AHPP satisfaction Survey

## RESULTS

77 Patients with Low Back Pain  
 22 Referred to AHPP  
 16 Actualised Visits to AHPP

### Satisfaction Surveys



## CONCLUSION

The model is proven useful in managing lower back pain and decongesting the acute sector, with positive patient satisfaction and improvement in pain scores

Further Strategies are needed to increase enrollment into the DOT-AHPP Programme.

- Improve geographical availability of AHPP Physiotherapy clinics beyond the Central Region of Singapore
- Further reduction of the price gradient for AHPP compared to subsidised healthcare services