



Singapore Healthcare Management 2017

The value of

# Ward Play

sessions on overall paediatric patient experience in subsidised wards

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## START

Who are we?

We are child life therapists, alleviating hospital-related fears and anxieties of paediatric patients.

How are sessions held?

2- hour timeslots in subsidised wards

### 1 What's the issue?

- Pain and anxiety
- Unfamiliar environment
- Confusing Experiences

Why?



Hospital: daunting place for children

### 2 What did we do?



Facilitate opportunities for social interaction through ward play sessions

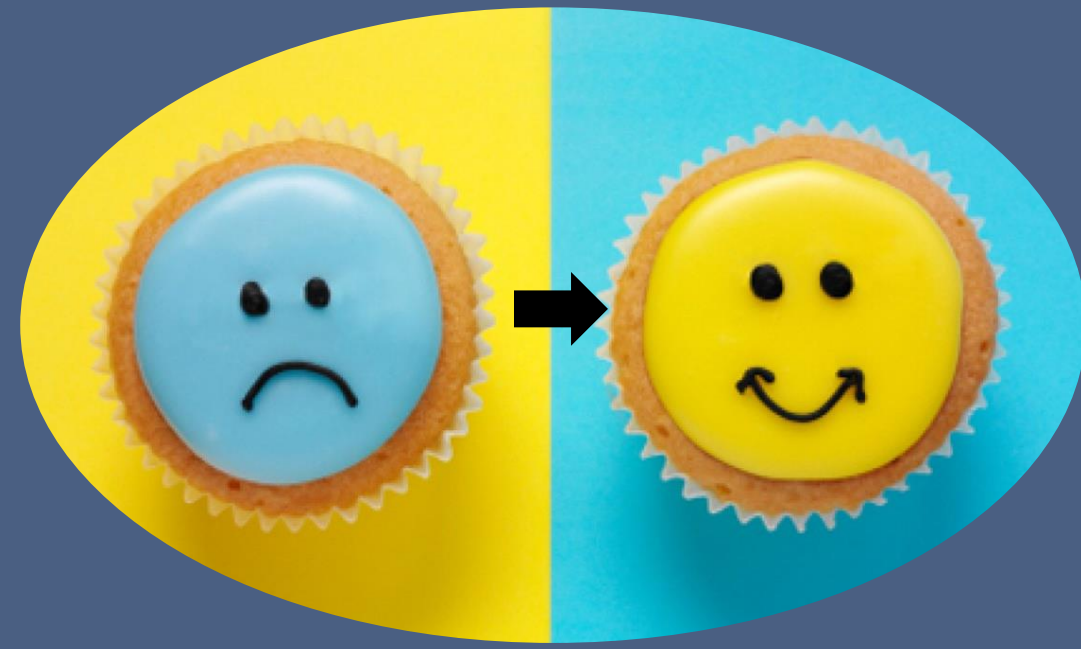
Normalize environment  
the new normal

How does it help?

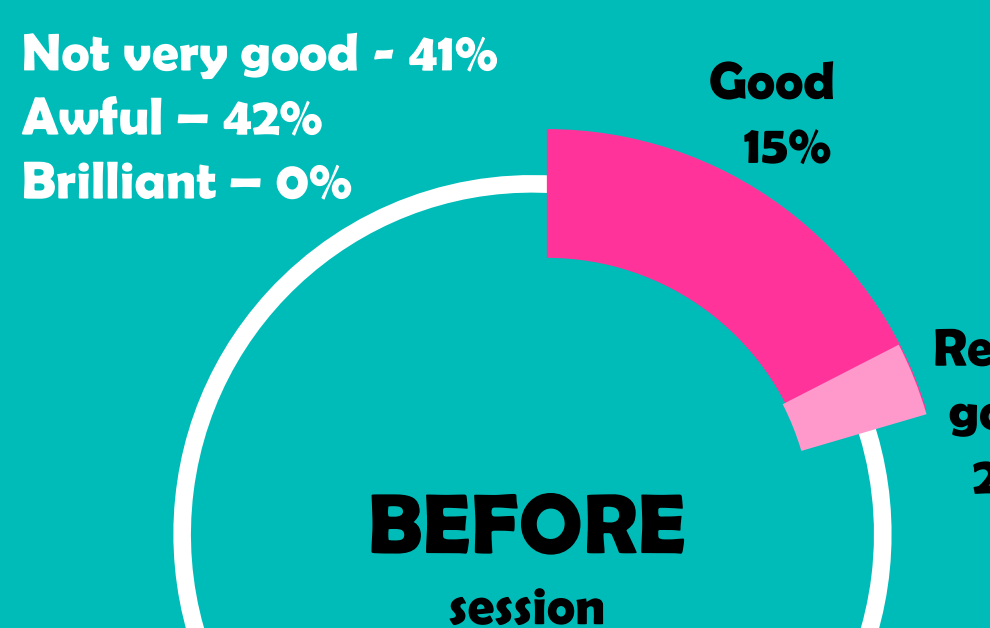
Distract child



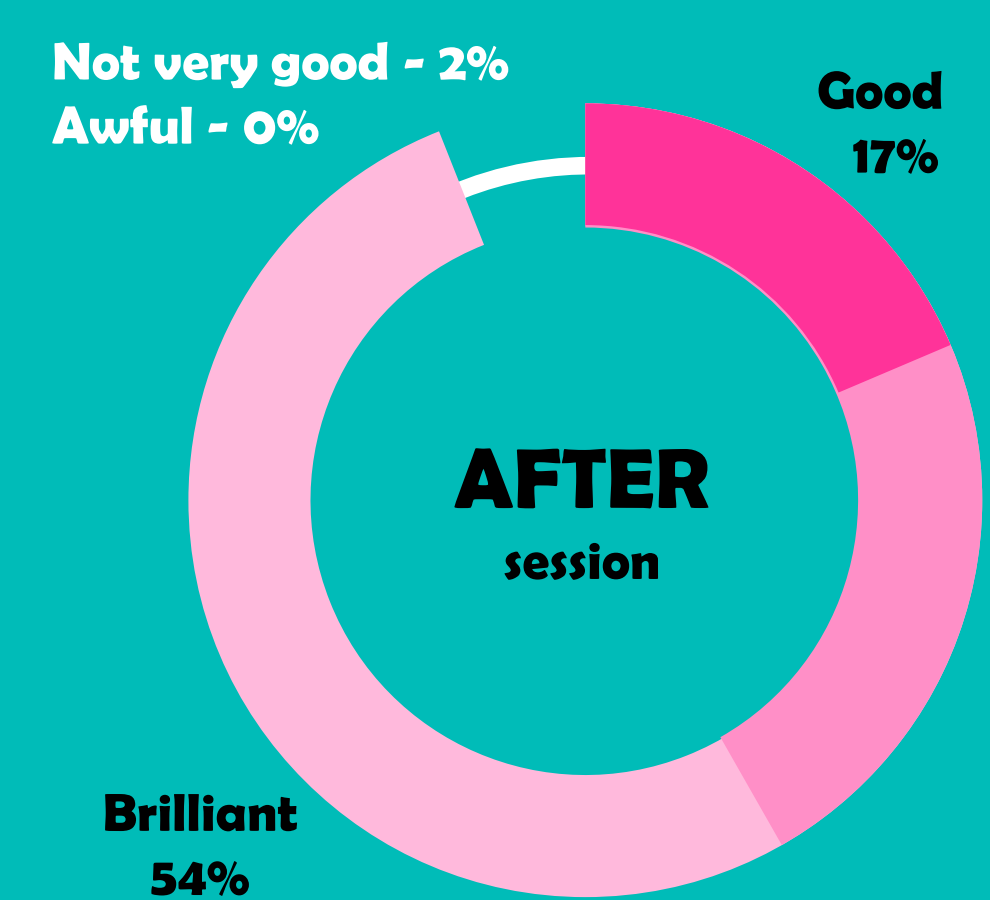
### 4 What did we find out?



BEFORE session



AFTER session



### 3 How did we collect data?

5 point rating scale



Period of collection  
2 months

When was it collected?  
Before & After ward play session

Participants  
52 patients / siblings

Criteria  
5-19 years old  
NO prior experience in ward play session

## Conclusion

Ward Play sessions have helped to improve patient experience. In the midst of an unfamiliar environment, having the familiarity of play has helped to improve their mood.

# WIN!

Future plans

Gathering more data to justify for a play room where play sessions will not be limited to a certain time slot.