

Ilaboration with Community Partners **A Win- Win Situation**

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Introduction The Chronic Care Model (CCM) for management of chronic disease in the primary care setting is supported by a practical, supportive , evidence- based interactions between an informed, activate patient and a prepared, proactive practice team.

In SingHealth Polyclinics, we manage a large number of patients with chronic medical illnesses. To meet the healthcare needs of the expanding aging population with increasing complexity of conditions, there is on-going care transformation like team- based care model and tele- health services. However, resources within one organization is still limited. Many healthcare providers in the community are working towards a healthier nation. In order to build a sustainable healthcare system, we need to maximize resources and implement cost effective programs. Collaboration between various healthcare partners with the aim of leveraging on each other's strengths, reducing duplication of work, and working towards a common goal, is key. This is also in line with the Healthcare 2020 Master Plan of shifting from quality care to value-based quality care.

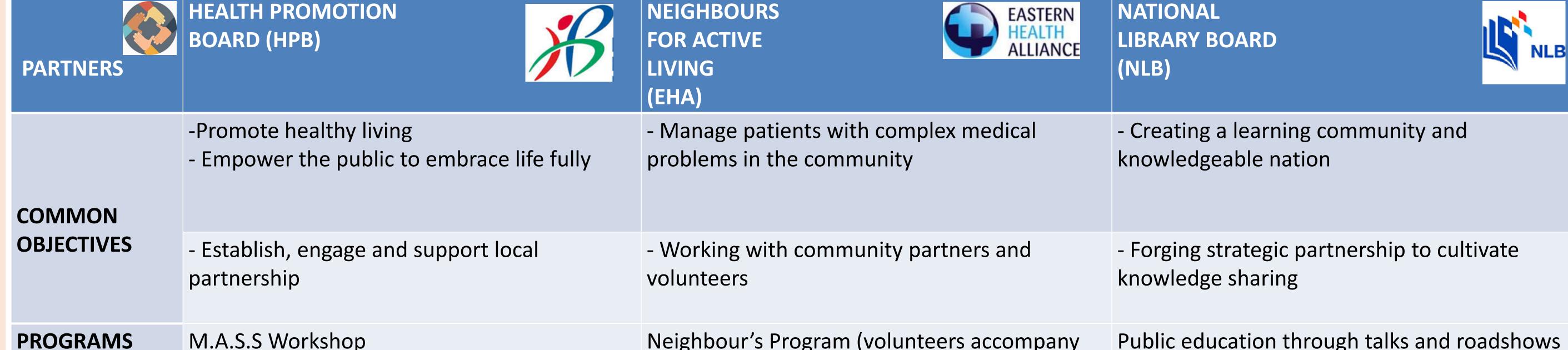
Objectives	 To increase awareness between healthcare partners in the community To establish a synergistic relationship between these partners: Recognize and leverage on each other's capabilities Collaborate and work towards a common goal To maximize resource and reduce duplication of efforts 	
Methodology	Conversations and meetings were set up between SingHealth Polyclinics and various community partners to understand each other's common objectives and capabilities. These were matched and programs enhancing the care of our patients were planned.	
	 GOALS OF SINGHEALTH POLYCLINICS Provide better, safer, and affordable care Promote patient's health Consider the needs of the patient and the community 	Folyclinics SingHealth

- Manage patient in the context of their surrounding



CHALLENGES FACED AT SINGHEALTH **POLYCLINICS WITH EXISTING RESOURCES:**

- Meeting the needs of the exponential growth in aging patients and those with chronic illnesses
- Promoting health to the community



M.A.S.S Workshop AVAILABLE Pre-diabetes Intervention Program Healthy Cooking Demonstration

Neighbour's Program (volunteers accompany patients for review at polyclinic, assist with home blood pressure and glucose monitoring, inform primary doctor of recent admissions and specialist reviews)

Public education through talks and roadshows (e.g. World Diabetes Day, World TB Day)









Results

HEALTHCARE SYSTEM

PATIENTS

