



Singapore Healthcare Management 2017

Building and Engaging team through healthy activities in SOC

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Background

The clinic supervisors observed that staff has little interactions with each other besides for work-related matter. As such, conflicts and disputes may arise. The team then decided to brainstorm & plan activities that can bond and create opportunity for them to interact.

How the team do it?



The team reviewed that healthy activity will achieve both building a strong team spirit & promoting healthy lifestyle.

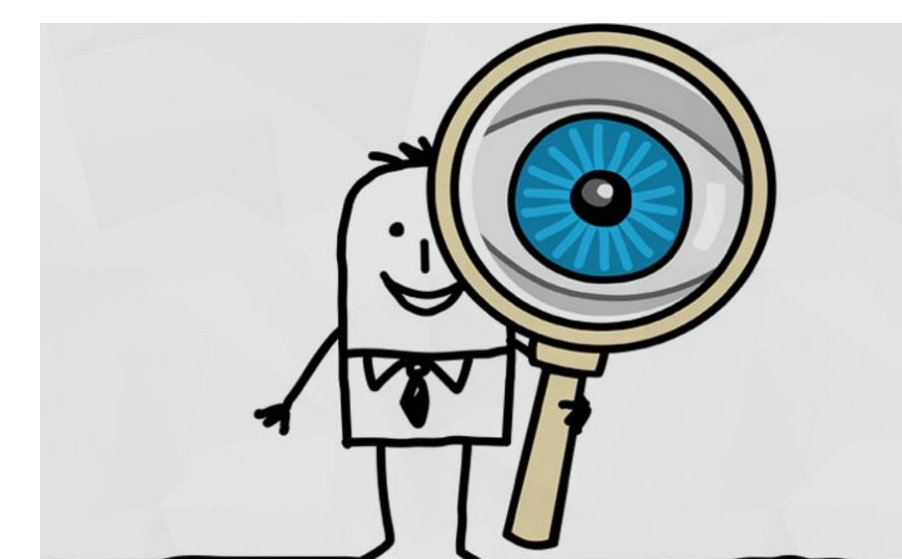
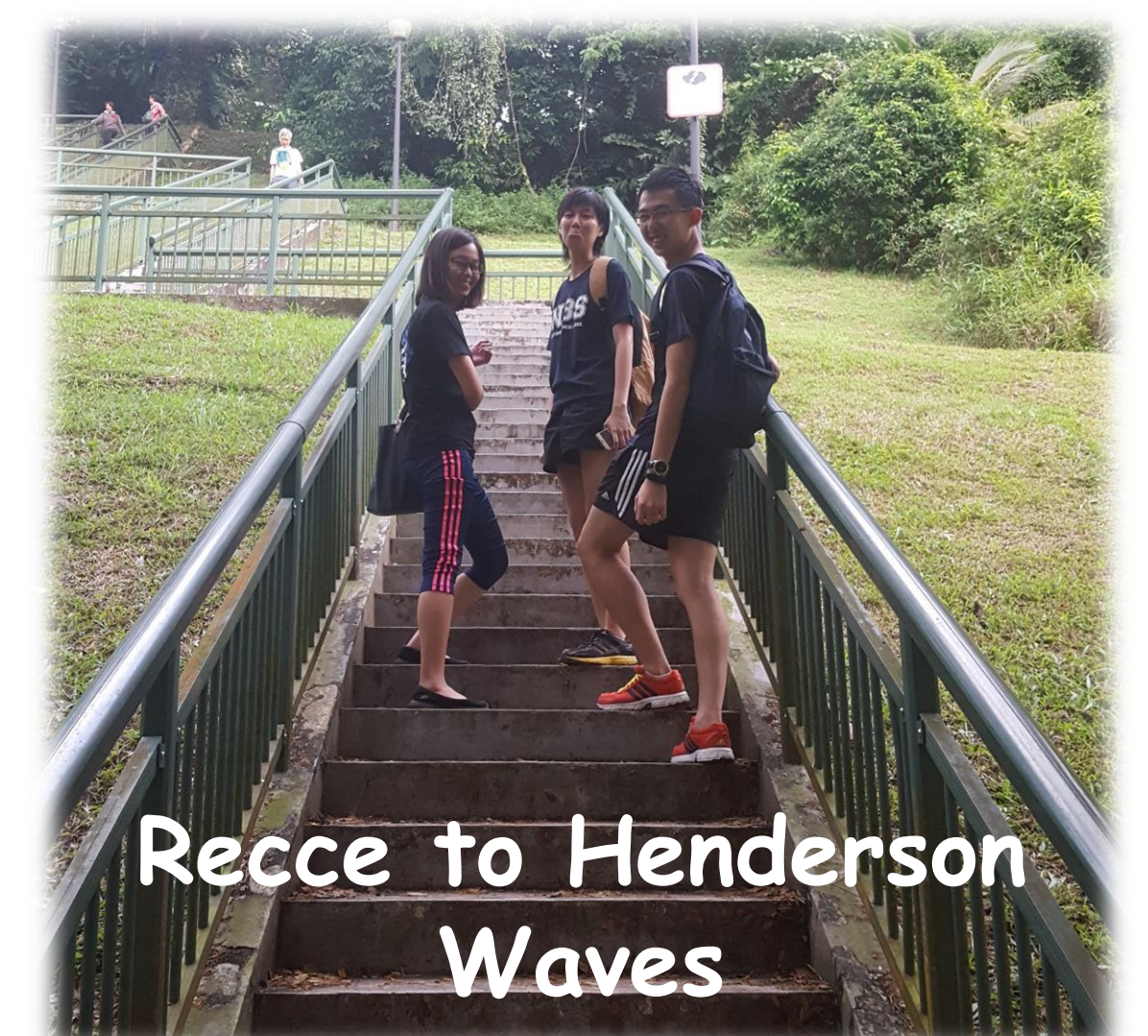


Aims



To create avenue(s) for team bonding activities for improving communication and relationship amongst team members.

Plan the walks from conducting recce to executing the events.



Active recruitment was communicated through clinic Roll-calls.



Results



Staff get to know their fellow colleagues better.



Positive feedback from the staff.

According to a survey done with the participants that joined us, 90% say that they enjoyed themselves.



Feedback from one of the participants:



Associate Executive from CDLD

"It's indeed remarkable to come out with this idea – getting the girls together and for walking. Enjoyed the time exploring the beautiful surrounding of Singapore."

Enhanced team bonding among SOC peers and their supervisors.

Conclusion

The activities have achieved its objective in team bonding, staff got to know each other though they are from different clinics. Incidentally, staff also benefitted from the walk as it helps to promote healthy lifestyle among them. It builds their interest in keeping fit and enable them to communicate with their supervisors and team mates. The planning of the walks provided an additional platform for the SOC supervisors to understand and support each other in meeting the common goal of providing better patient care in SOC.

Foster and enhance working relationships.

