

# NAVIGATING THE CYBER SECURITY CONUNDRUM

BUILDING CYBER RESILIENCE

AUGUST 2019

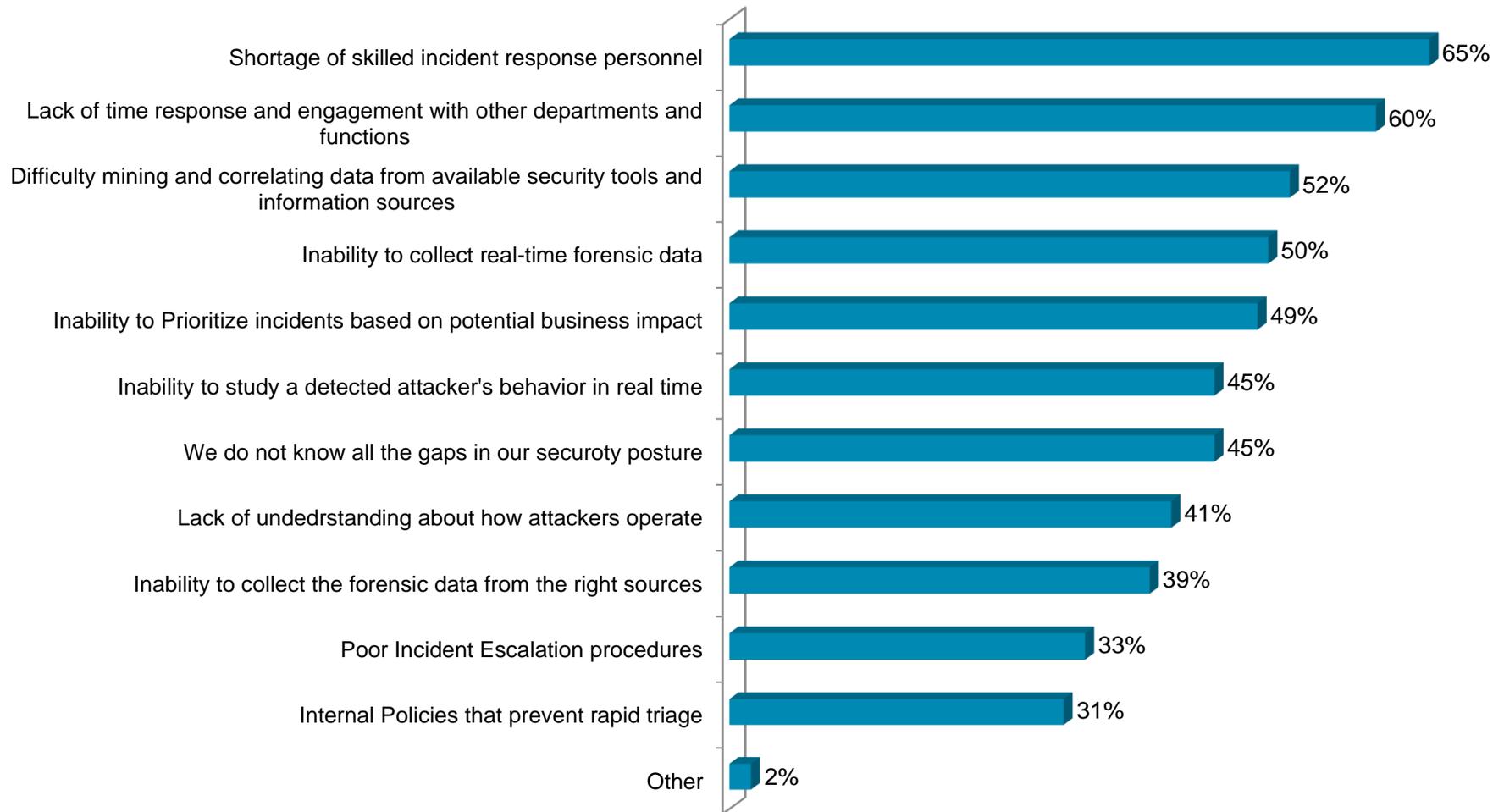


Swabhiman Chhotray  
Vice President, Cyber Risk  
Marsh Risk Consulting, Asia

**27%** of healthcare organizations have reported to be a victim of a Cyber Attack in the past 12 months.

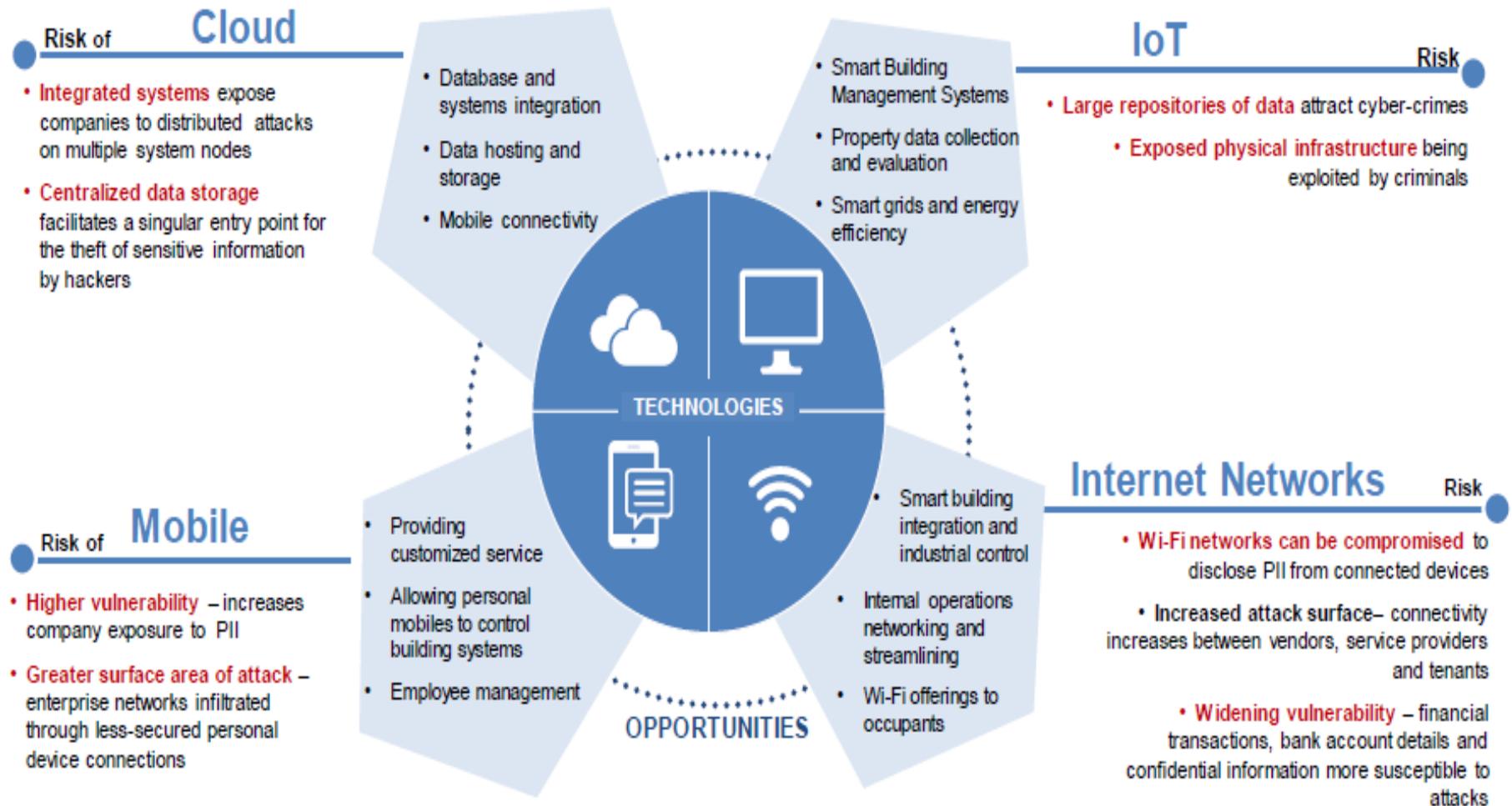
- Marsh-Microsoft Global Cyber Risk Perception Survey

# Obstacles to the ability of effectively responding to cyber attacks

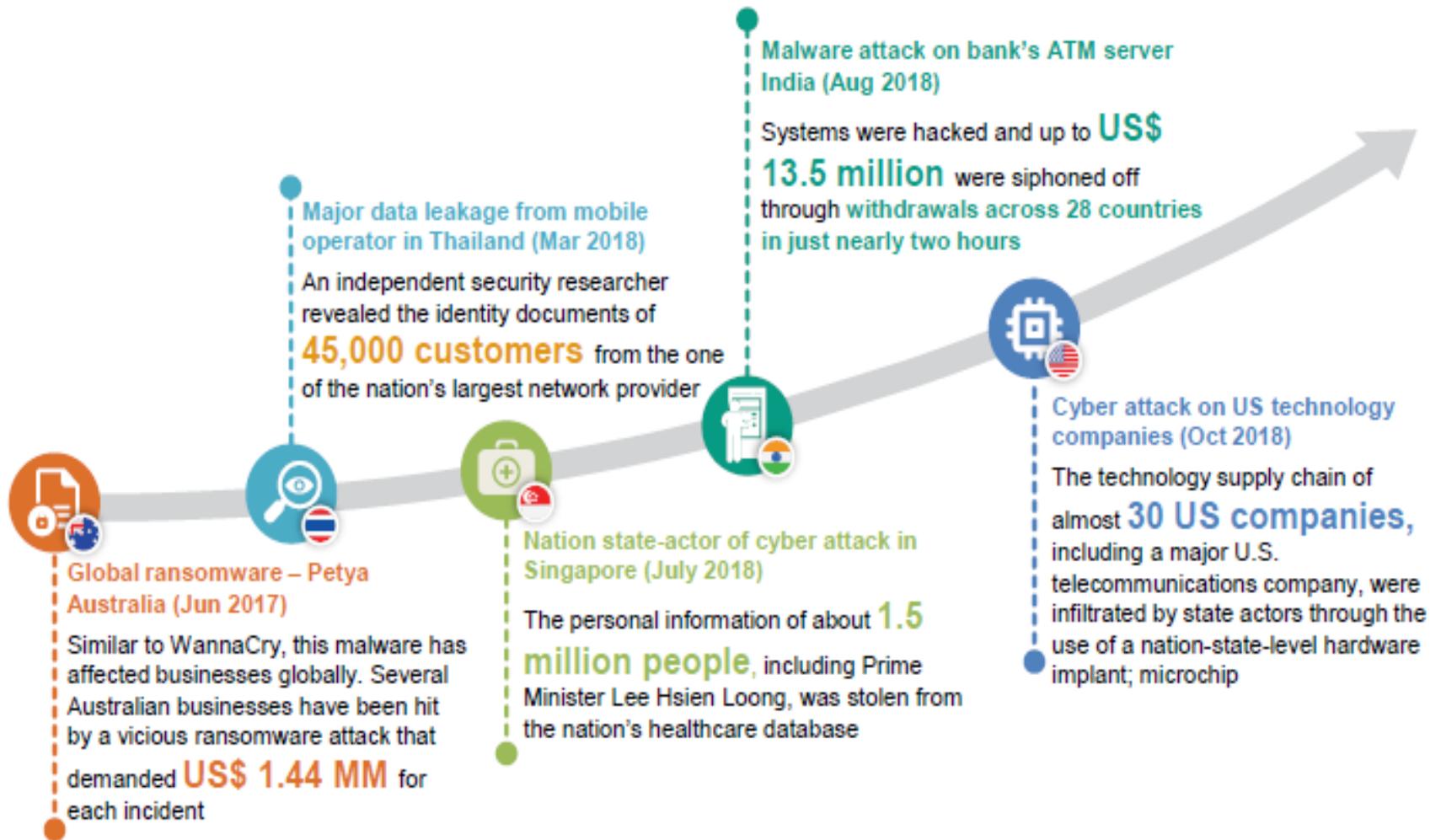


How do we formulate an adaptive framework to manage the Cyber Risk Management Lifecycle ?

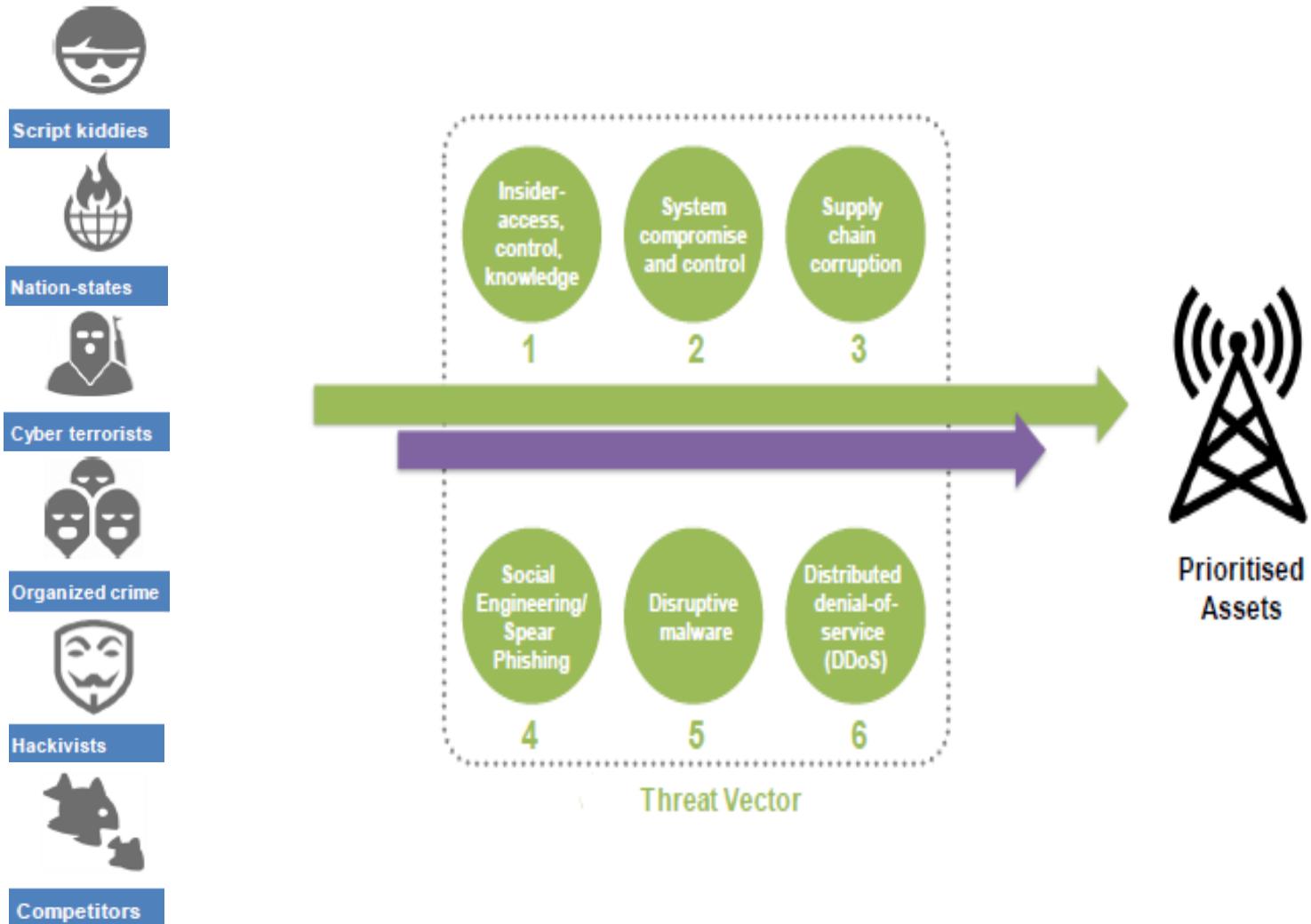
# Growing Cyber vulnerabilities in adopting emerging technologies



The frequency and materiality of cyber incidents are increasing  
>4,000 ransomware attacks daily (on average)



# Common Threat Vectors



People, Process or Technology?

# Cyber – A Complex Risk



Multiple stakeholders.



Lack of talent



Limited historical data



Lack of assimilation into the overall business strategy

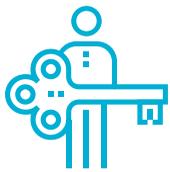


Rapidly evolving threat landscape



Lack of a common body of knowledge

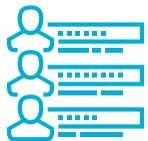
# Foundational Objectives for an organization looking to become resilient



An **in-depth understanding** of processes within the Information Security Function



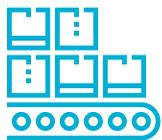
Identifying gaps in **policy**



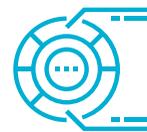
A **Cyber Security Aware** workforce as a strong 1<sup>st</sup> line of defense



**Rank findings and potential events** by relative likelihood and impact, and determine the residual risk



Testing the **effectiveness of controls**



**Identify action items** to close gaps

# **Building Cyber Resilience**



# Three Strategic Imperatives to achieve Cyber Resilience

1.



**KNOW THE  
THREATS**

Grasp The Urgency

2.



**KNOW  
YOURSELF**

Evaluate Your Position

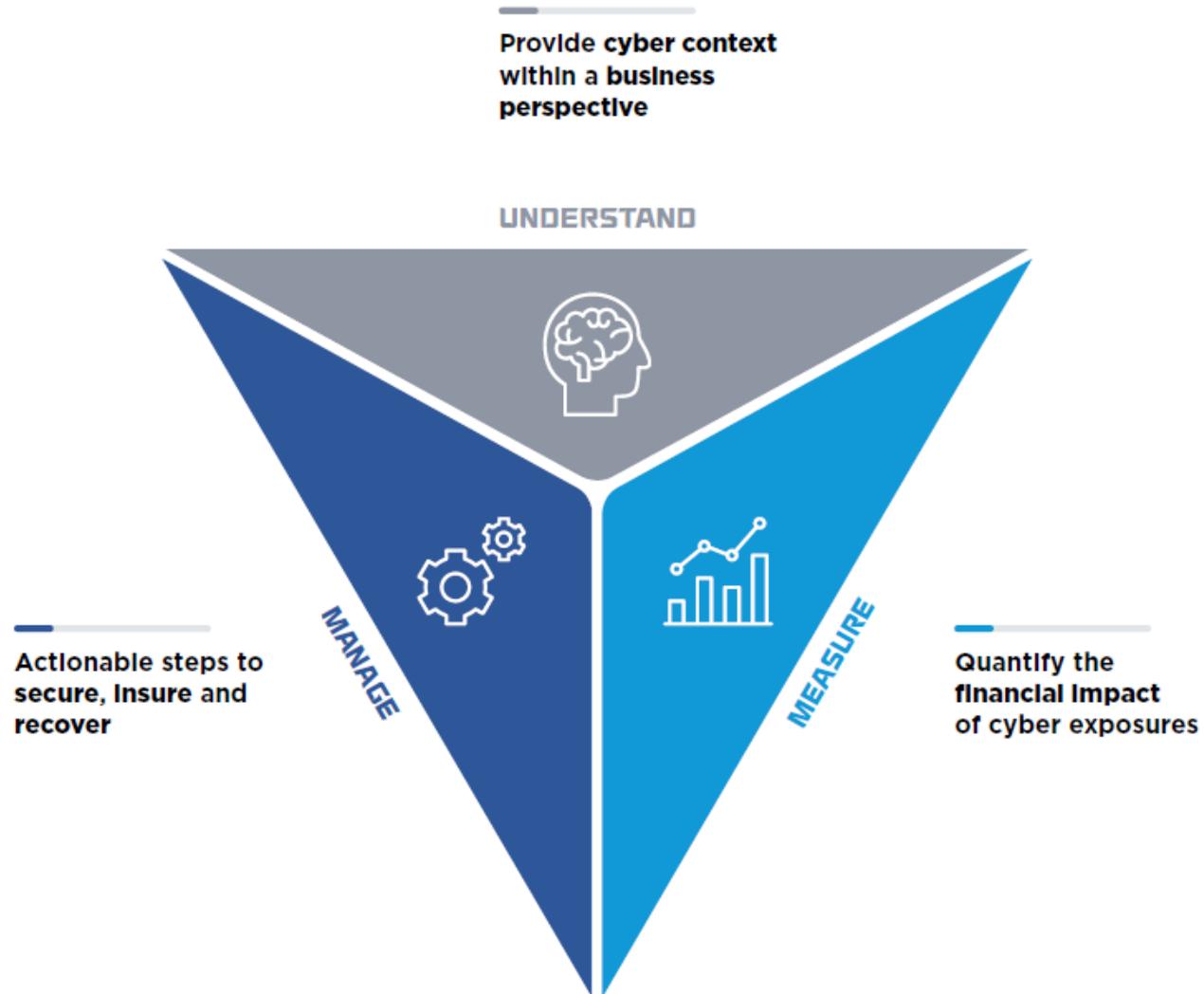
3.



**KNOW  
WHAT YOU  
CAN DO**

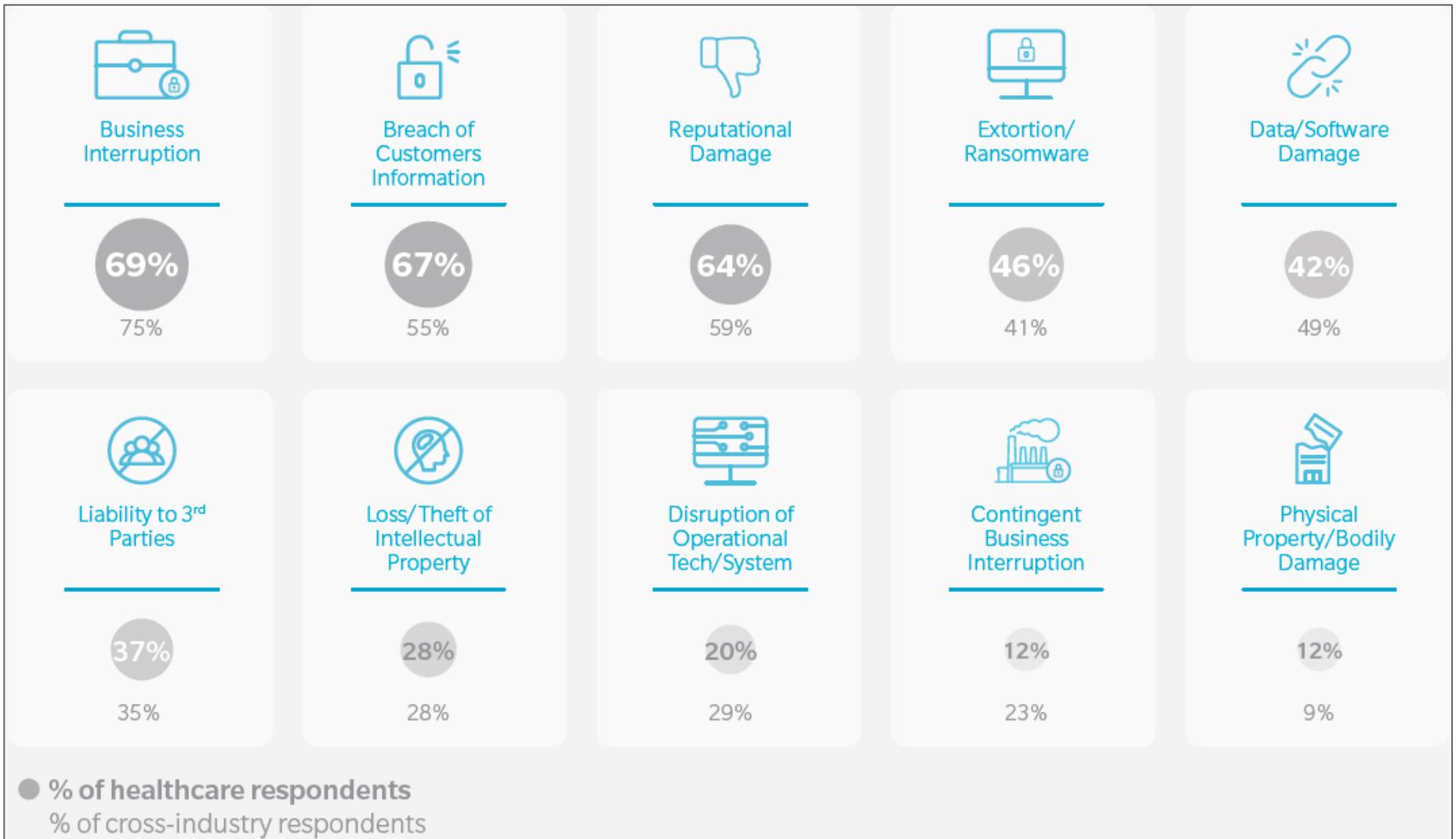
Prepare Your People

# How to line up your Defense



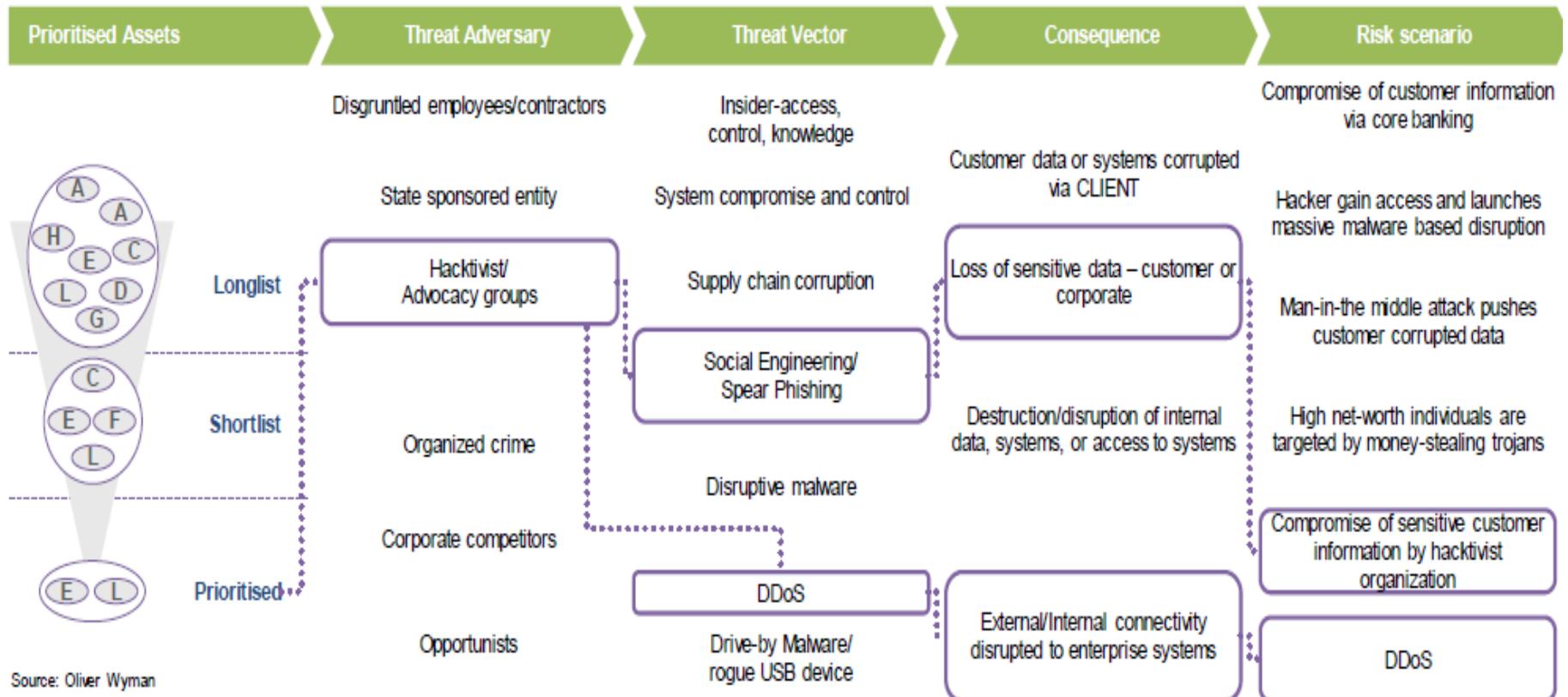
1. | Know your Threats - Understand

# 1. Know Your Threats - Top Cyber Loss Scenarios with the largest perceived potential impact



# 1. Know your Threats - Cyber calls for more robust defense-and-response strategies which include cross-disciplinary considerations

## Example of Risk-centric, inter-disciplinary process Cyber intelligence & scenario planning



Threat and risk intelligence should feed security operations; risk reporting; cyber response planning; training development; security tech architecture; other cyber investments, and more

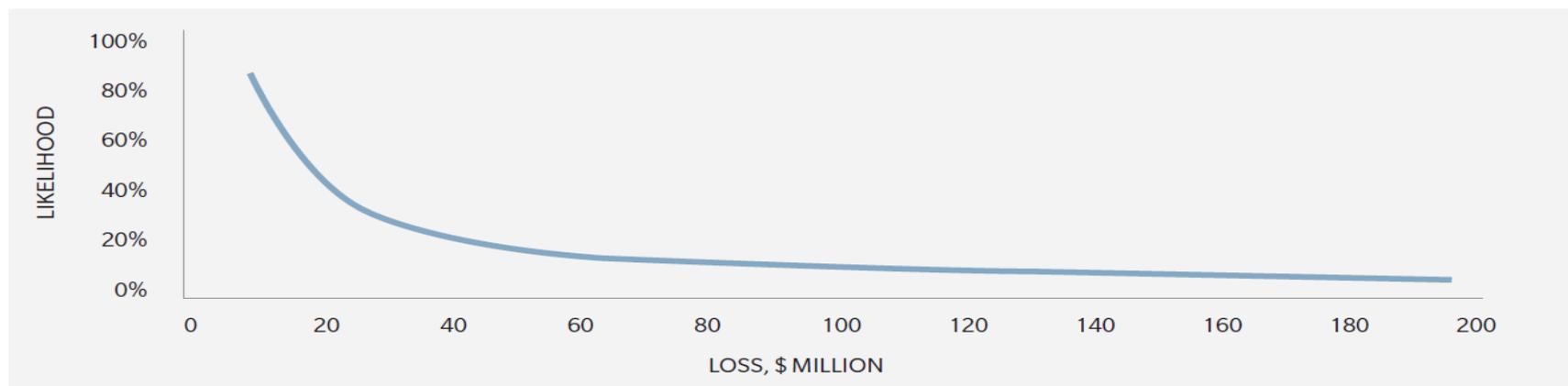
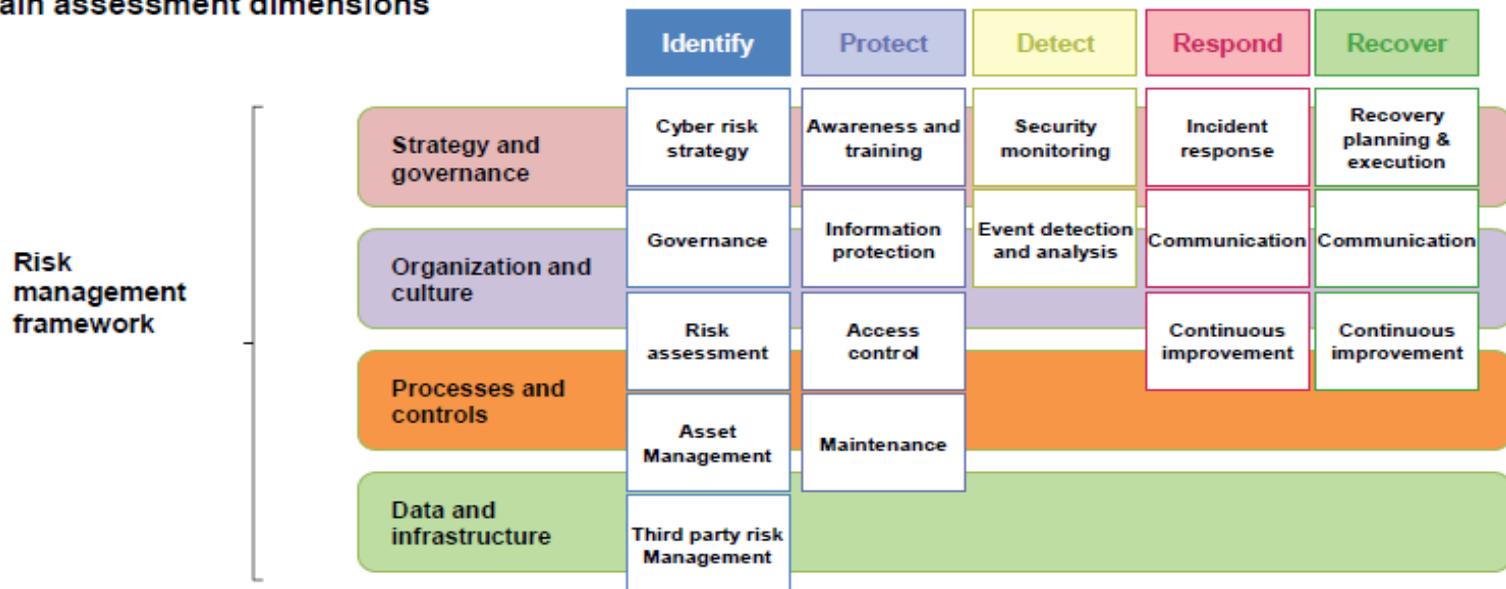
## 2. | Know yourself – Understand & Measure

## 2. Know Yourself - A strategic Cyber Resiliency agenda is necessary to create momentum – this is a continuous journey



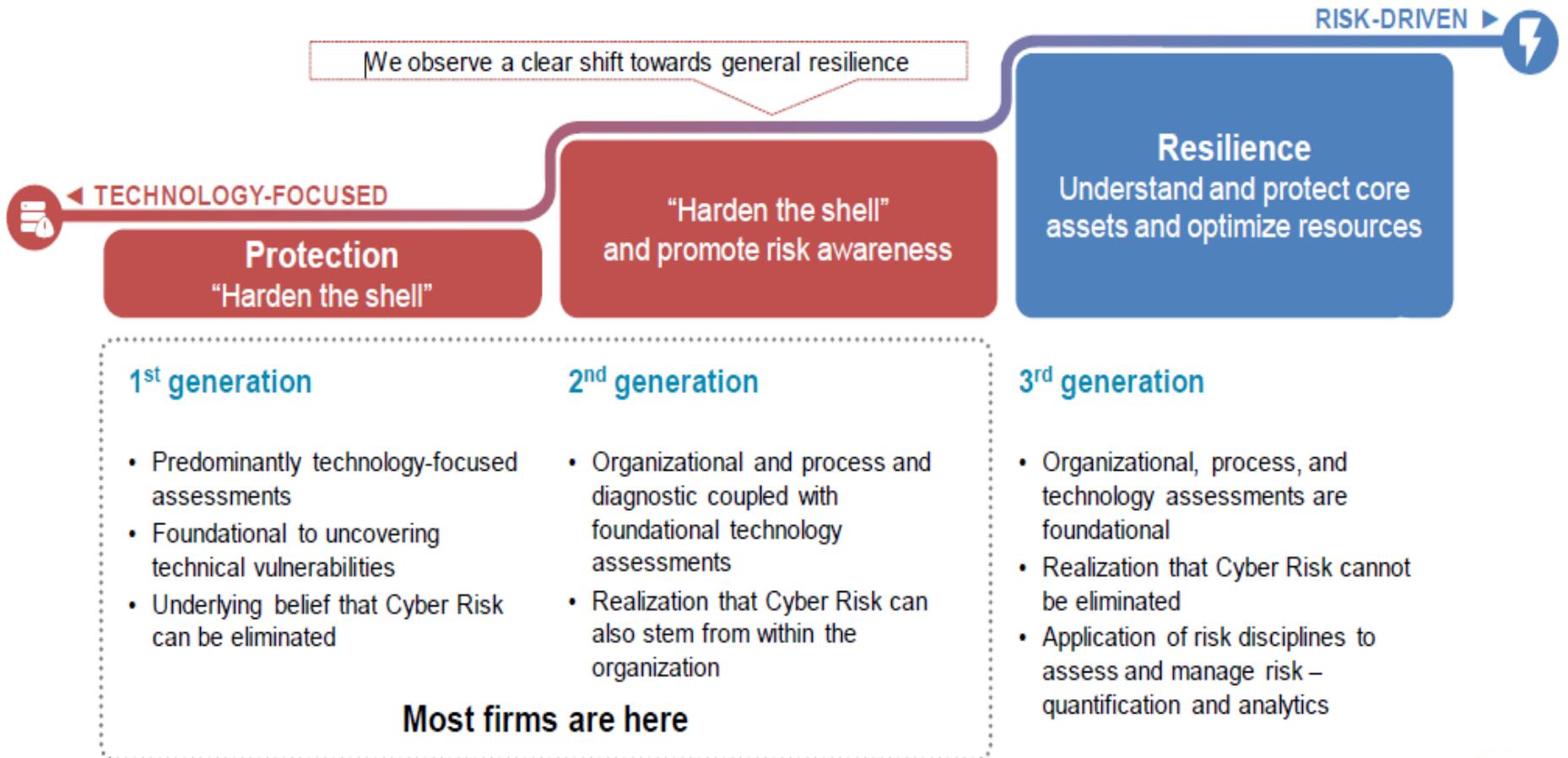
## 2. Know Yourself - Fact Finding – Main Dimensions for data gathering, Scenario Building and calculating the elusive cyber loss curve

### Main assessment dimensions



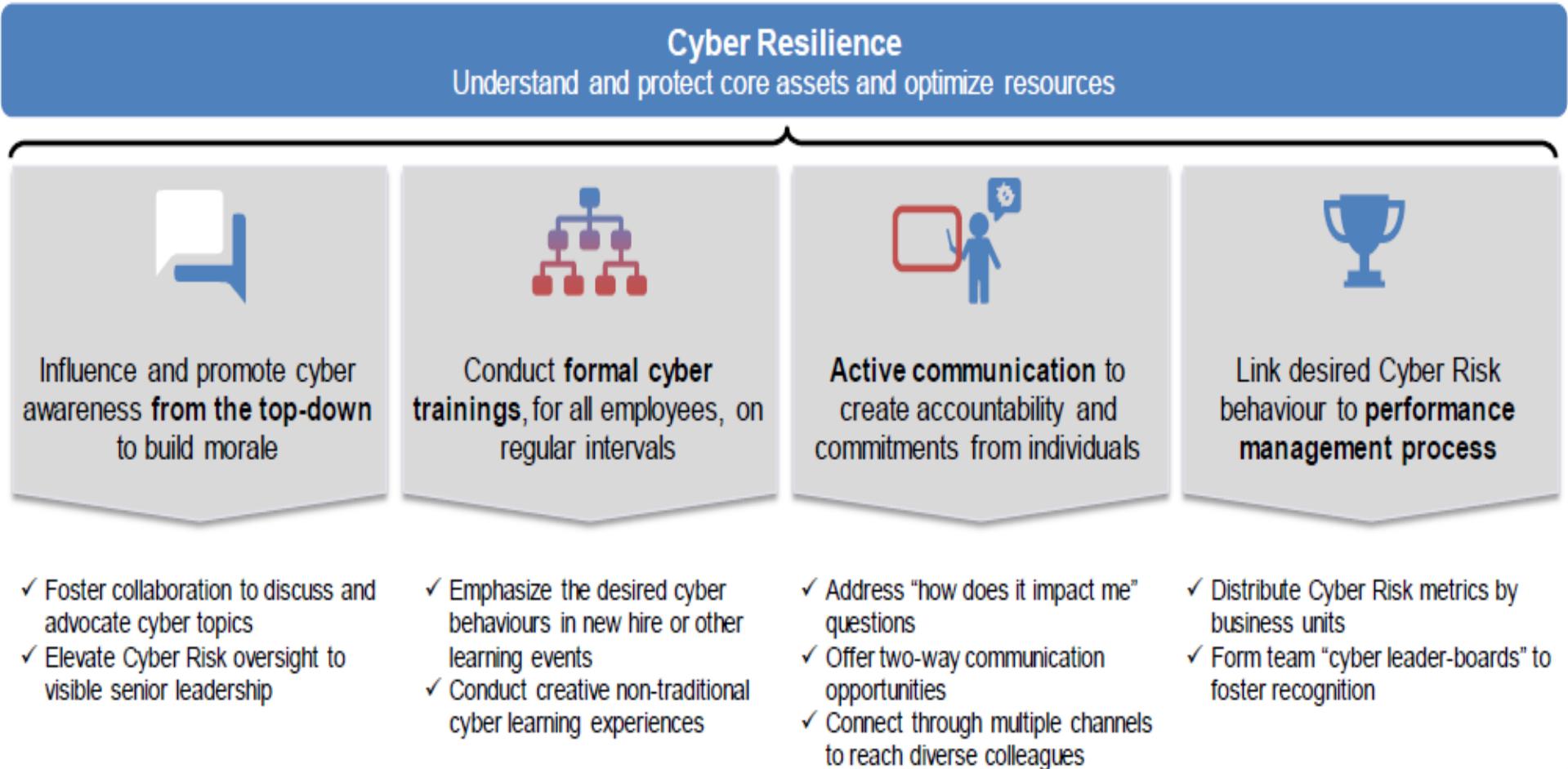
3. | Know what you can do - Manage

### 3. Know what you can do - Shift towards a risk-driven management discipline focuses on reinforcing a Cyber Risk-aware culture



### 3. Know what you can do – Build a Cyber-Secure culture as no security technology will be against human vulnerability

#### Key elements to build a Cyber Risk-aware culture



### 3. Know what you can do - Cyber Insurance as a financial safeguard against costs associated with a cyber breach

#### 1st Party Coverage



##### Digital Asset Rectification

- IT forensic investigations
- Data asset restoration



##### Business Interruption

- Loss of income
- Additional costs/ extra expense



##### Extortion

- Ransom payments
- Rewards



##### Notification Costs

- Call centre, mail, email notification
- Credit monitoring



##### Public Relations

- PR firm costs associated with the breach

#### 3rd Party Coverage



##### Privacy & Data Breach

- Legal costs associated with losing personally identifiable/ corporate info



##### Network Liability

- Legal actions from spreading virus transferred from your infected network



##### Defence Costs

- Legal and regulatory advice costs



##### Damages

- Damages and settlements



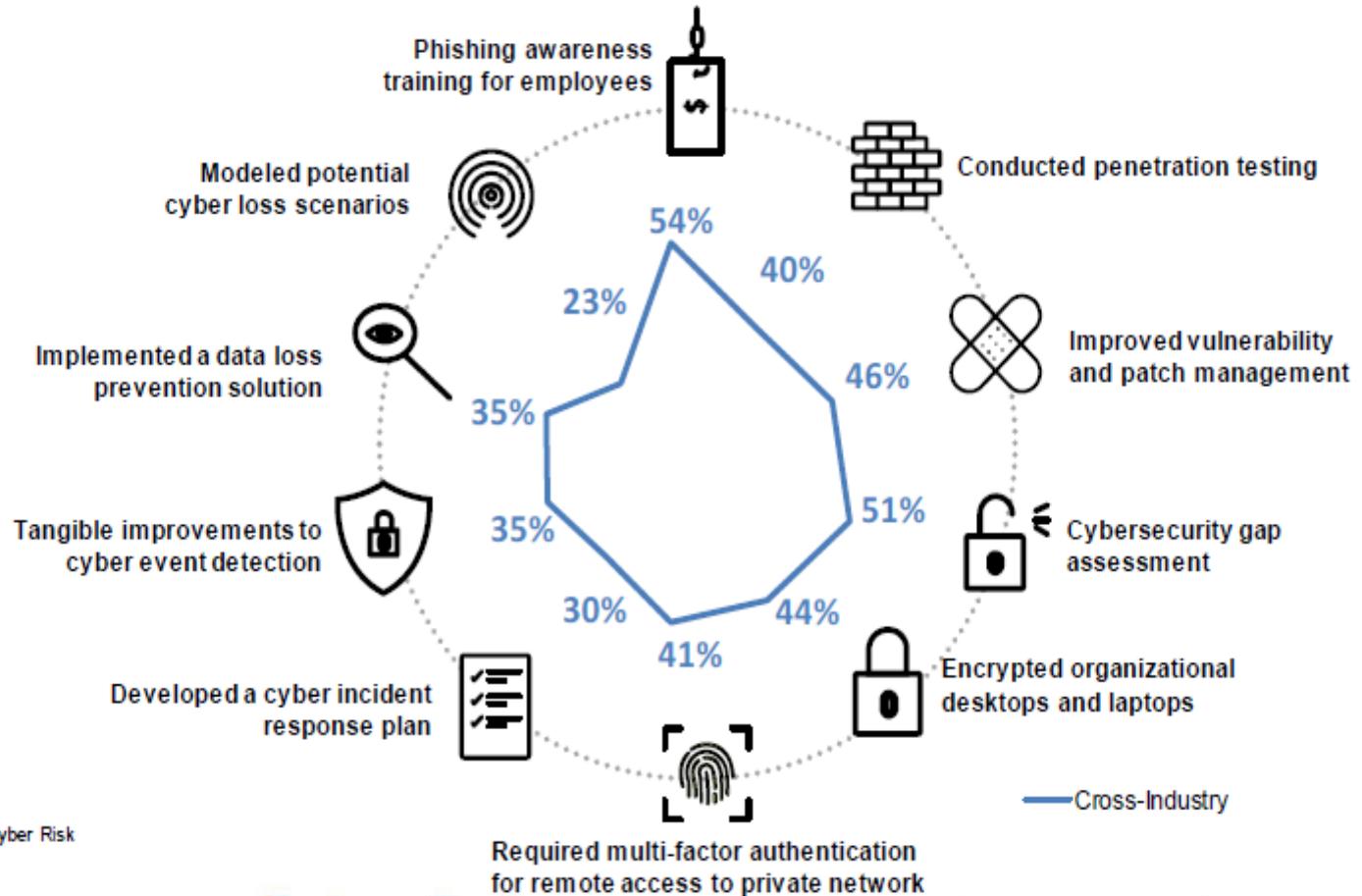
##### Regulatory Fines

- Investigation costs
- Fines and penalties

Source: Marsh

### 3. Know what you can do - Organizations across industry are making rapid progress in strengthening Cyber Resilience

Top 10 cyber risk-related actions taken by companies in the past 12–24 months



Source: Marsh Microsoft Global Cyber Risk Perception Survey 2017

# Cyber Resilience – A vision to help you with your mission

## Control Preparedness

“ We will operate a resilient infrastructure and will monitor and minimize deviations from our standards ”



### IT Defenses

“ We will frequently monitor our systems to ensure protections in-place are appropriate and up-to-date ”

### Employees

“ We will set a culture of awareness and risk mindfulness with information only available to those who need ”



### Third Parties

“ We will interact securely with external parties based on clear understanding of the risks they potentially pose ”

### Customers

“ We will encourage cyber-aware practices with customers without significantly impacting the unique experience ”

## Potential Metrics

### Culture of awareness and risk mindfulness

- Percent of employees passing a phishing test in the last 12 months
- Percent of passwords that pass the strength test
- Number of visits to non-SSL certificated websites per week on company devices

### Information only available to those who need

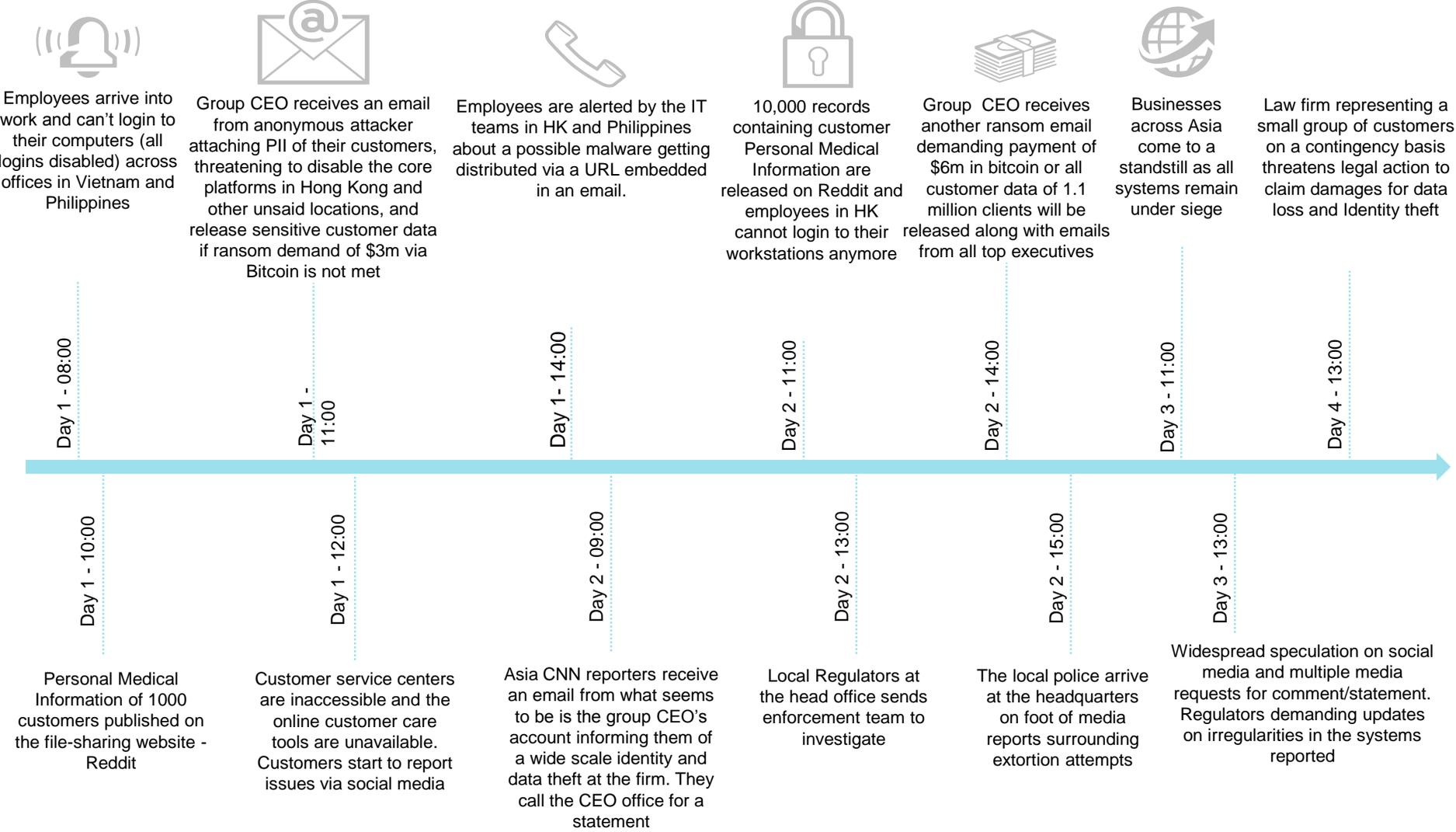
- Percent of employees with access consistent with roles and status
- Number of systems of privileged accounts without owner
- Number of exceptions per access recertification cycle

A composite image with a hand holding a glowing globe, a city skyline at night, and binary code. The globe is semi-transparent and shows a grid pattern. The city lights are visible through the globe and in the background. Binary code is scattered across the scene, particularly around the hand and globe.

Stories

Lessons learnt the hard way

# Destructive Malware spreads through unpatched servers causing outages and holding systems hostage



# Investigating suspicious network activity

## Background

Users of a large pharmaceutical company ABC complained of their screens freezing for times longer than usual. The network infrastructure team examined the situation and dismissed it as a bandwidth problem. But with more and more complains ABC's Information Security team became uncertain of the situation.

## Objective

- Indicators of attack
- Indicators of compromise
- Potential policy violations
- Provide a status letter providing details of any qualifying indicators of compromise and other risks that have been identified

## What we did – Tools and Methods

- Compared the traffic to signatures of known Indicators of Attack (IOAs), Indicators of Compromise (IOCs) and policy violations
- Processed all files with no known signature in a secure sandbox environment to determine whether they contain polymorphic malware or 0-day exploit code
- Performed statistical and behavioural analysis on the full traffic capture to locate instances of mass data exfiltration or legitimate seeming logins using stolen credentials
- Monitored endpoints activities, identify compromised systems and performing live forensic analysis of the infected machines



Network based

Installation of one (or more) appliance in order to monitor incoming and outgoing traffic



Host based

Deployment of agents on computers to detect suspicious activity on endpoints



Hybrid approach

Deployment of both network-based and host-based tools to monitor suspicious activity within the environment

## From Aspiration to a call for Action

**“In our current state of Cyber Security breaches are inevitable “**

- The question is not whether you will be breached but how you will respond when there is a breach.
- Through a discussion of technical controls, compliance, and the financial impacts of cyber risks, more effective decisions on future cyber security investments can help mitigate cyber threats.
- Future progress depends on internal investments toward shaping mindsets and culture, strengthening technical expertise and managing human capital.

| Thank You