



# SAVE THE TIME! GIVE THE KITS



Changi General Hospital  
SingHealth

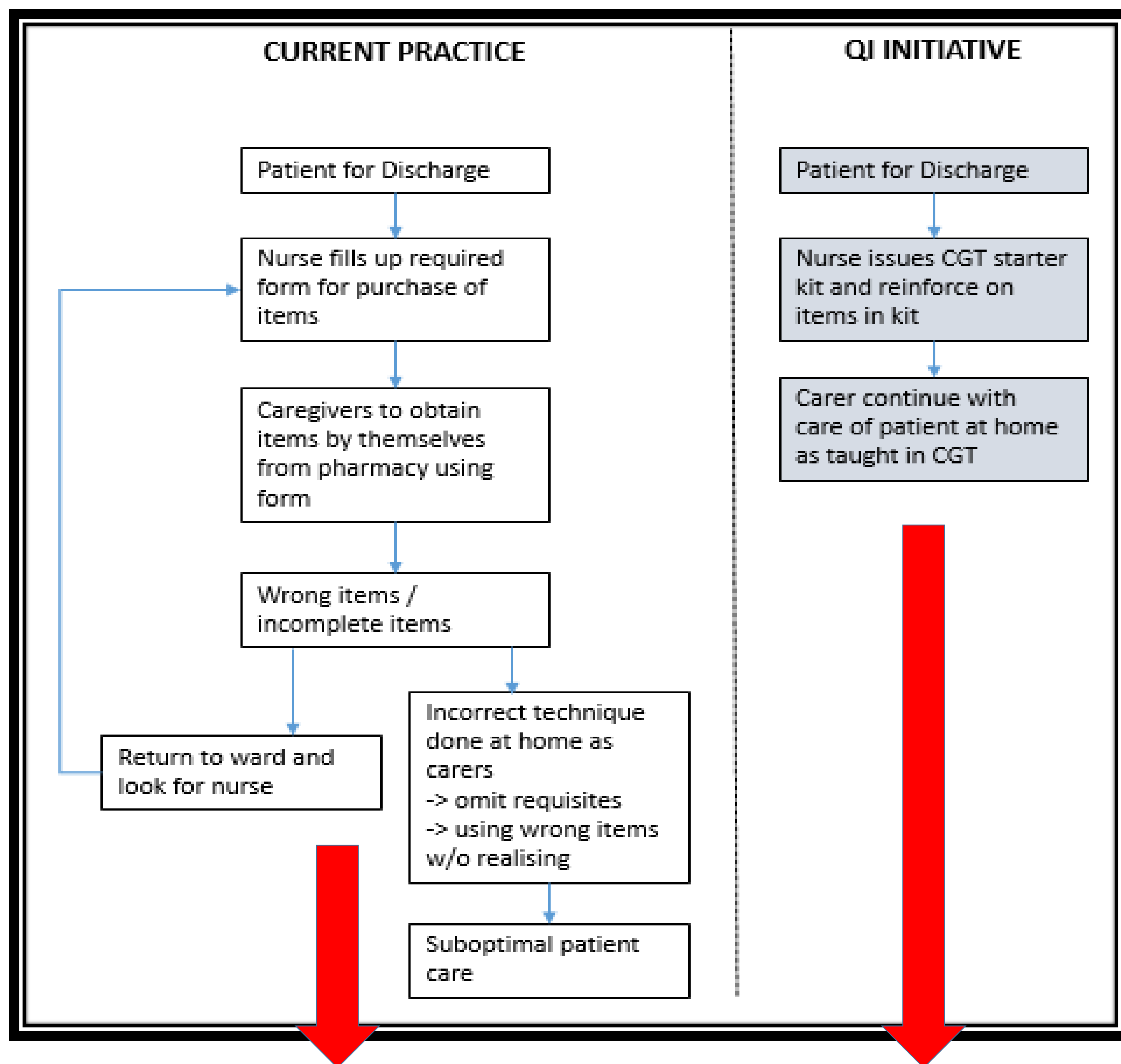
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## Background

Hospital discharge process has become increasingly complex. Besides referring to the appropriate community partners, advising caregivers to purchase items needed upon discharge can be challenging. It is not uncommon for caregivers to purchase incomplete or incorrect items when it comes to dressing requisites or urinary care miscellaneous items. This in turn interferes with their delivery of care post discharge.

## Methodology



## Aim

The project aims to supply and facilitate care givers and patient's family in procuring the correct requisites upon discharge.

## Result

### MEASURES

The outcome measures are as follows:

#### Facilitating discharge process

Decrease in time needed by nurses to advise on CGT requisites  
Decrease patient's family and caregivers anxiety during the discharge process

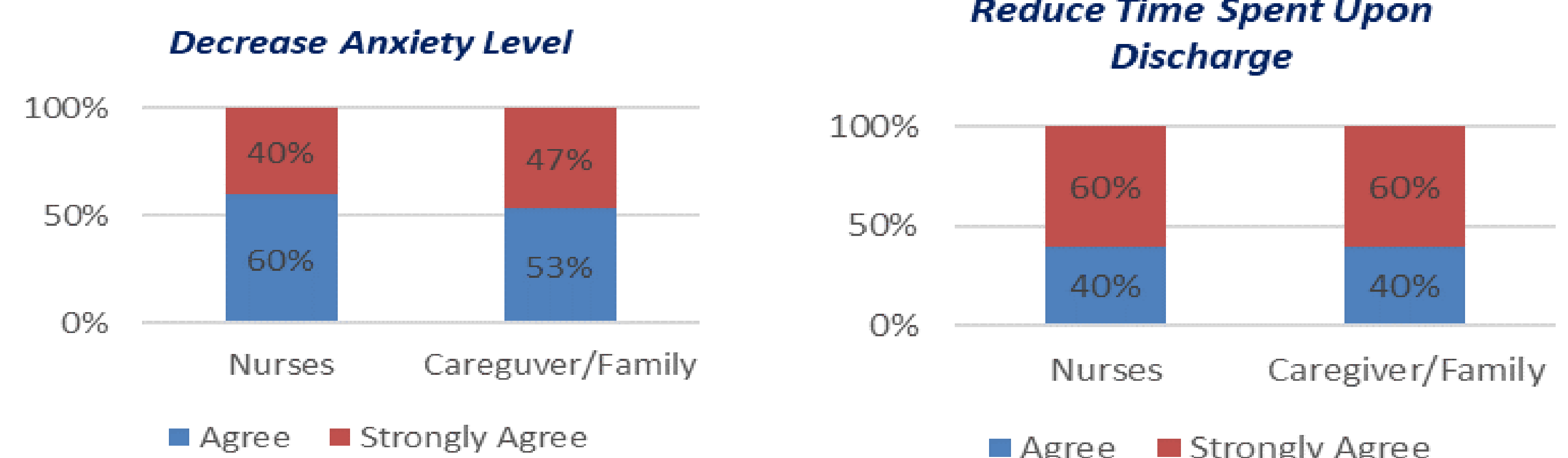
#### Facilitating post discharge care

Increase the accuracy and completeness of items purchased  
Reinforce and complement caregiver training

### RESULTS

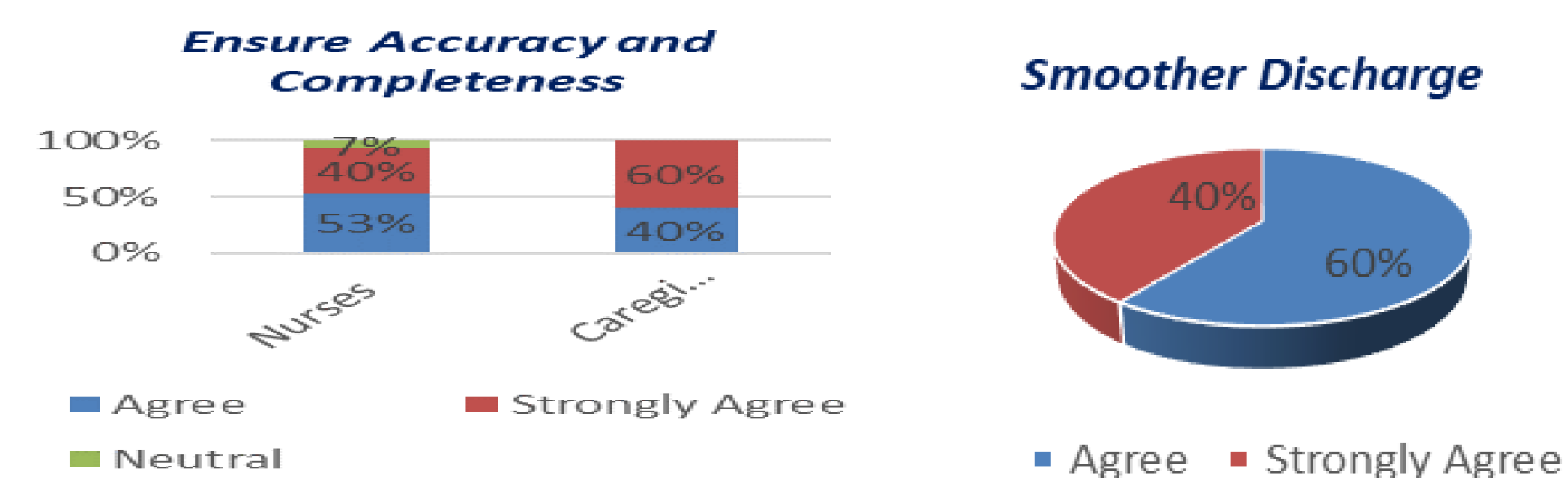
Data is collected based on feedback of (1) nursing staff, (2) family members and (3) caregivers. Total of 18 sets kits given and feedback collected.

#### 1. FACILITATING DISCHARGE PROCESS



60% of nurses and 55% caregivers feels that the CGT starter kit saves time and allay anxiety. Whereas 60% agrees that it contributes to a smoother discharge process

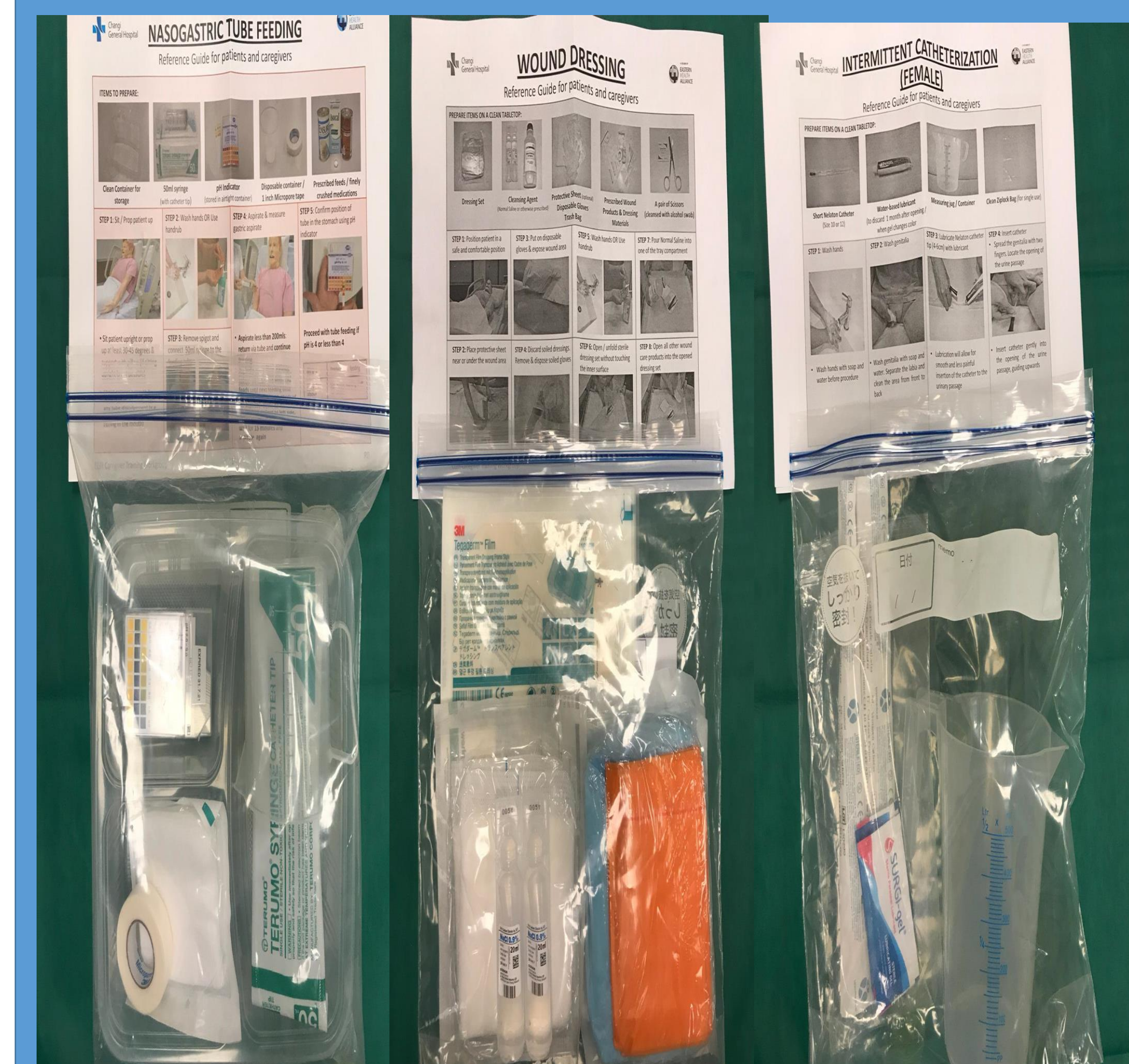
#### 2. FACILITATING POST DISCHARGE CARE



A small percentage of nurses and caregivers feel neutral about the use of the CGT starter kits in ensuring accuracy of purchase. Majority of nurses, however, agrees that it aids in facilitating post discharge care.

## Conclusion

This project demonstrates that the caregiver's training starter kits are able to facilitate both discharge procedure and post discharge care. The use of the starter kit is also welcomed among nurses and caregivers with no negative feedback elicited. Staff will worked with pharmacy or SCM to see whether we could have commercialised packaging of the kits.



Nurse will tick off the required items to buy